

The Nation's Largest 1-Day Food Drive!

SATURDAY May 11, 2024



**ISLAND
HARVEST**
MEMBER OF
**FEEDING
AMERICA**
Nourishing Long Island's Future



Be a part of it!

- Leave healthy, non-perishable food by your mailbox for your letter carrier to pick up on **Saturday, May 11**
- Be a Community Champion – help spread the word!

#StampOutHunger    

Healthy Food DONATIONS

Canned Beans/Dried Beans
Peanut Butter or Other Nut Butters
Canned Fruit + Vegetables
Low-Sodium Soups
Canned Tuna/Chicken
Brown Rice/Instant Brown Rice
Nuts/Seeds/Dried Fruits
Shelf Stable Milk/Milk Substitutes
Whole Grain Pasta
Low-Sodium Canned Pasta Sauce
Low-Sodium Canned Tomatoes
Olive or Canola Oil
Toiletries + Feminine Products
Laundry + Dish Detergent
Paper Towels + Toilet Paper