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|  | September 2022 |
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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | 1 | 2 | 3 |
|  |  | **Orange is the color of hunger relief. During Hunger Action Month, we join together by wearing orange & raising our voices across LI on behalf of our neighbors facing hunger.** |  | Follow our Hunger Action Month activities on social media @IslandHarvest & share this calendar with your friends.  Logo, icon, company name  Description automatically generated  Daniel Gale Warehouse Event | “Build A Box” This Month!  Get your Hunger Action Month box ready! Add 2 boxes of pasta.  [PSEGLI Food Collection Event](https://www.islandharvest.org/event/power-to-feed-long-island-collection-event-4/) | Encourage your friends to get involved in the “Build A Box” challenge.  [Broadway Commons Food Collection Event](https://www.islandharvest.org/wp-content/uploads/2022/09/HUNGER-ACTION-MONTH-2022-FLYER-8.5X11-rev-w.-spons-logos-002-1.jpg) |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Share your story on social media about how hunger has affected you. | Labor Day!  Have your friends bring extra canned goods to your BBQ to donate. | Box it up! Add 2 cans of vegetables to your Hunger Action Month “Build A Box” | See if your employer will make contributions to Island Harvest in honor of Hunger Action Month. | Box it up!  Add 2 plant proteins to your “Build A Box” (beans, peanut butter, etc.) | Contribute to support Island Harvest Food Bank.  <https://bit.ly/3SSDhFX> | Cook dinner and set an empty place to remind your family about others facing hunger & talk about it. Share a pic and tag us! @IslandHarvest |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| Sign up to volunteer at Island Harvest Food Bank.  <https://bit.ly/3ADfOBz> | Organize a dress down day in your office. Everyone contributes $5 to participate. <https://bit.ly/3AFQgU8> |  | Write what you can do to end hunger on a paper plate and take a selfie. @IslandHarvest | Box it up!  Add 2 cans of fruit to your “Build A Box” | [**PSEG Food Collection Event**](https://www.islandharvest.org/event/power-to-feed-long-island-collection-event-5/) | Share a fact about hunger on social media. @IslandHarvest  [Pintail Coffee Event](https://www.islandharvest.org/wp-content/uploads/2022/09/Pintail-Flyer-pdf.jpg) |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| Skip buying coffee for the week and contribute your savings to Island Harvest. <https://bit.ly/3AFQgU8> | Organize a brown bag lunch with co-workers and contribute your lunch money. <https://bit.ly/3AFQgU8> | Box it up!  Add 2 items of your choice to your Hunger Action Month “Build A Box” | Connect with us while shopping and choose us as your charity of choice under Amazon Smile. | Tomorrow is Hunger Action Day | Hunger Action Day– a day where collective efforts are focused to inspire people to come together to end hunger & raise awareness of people experiencing food insecurity across Long Island and the U.S. | Sign up Saturday!  Register to host your own food drive.  <https://bit.ly/3c3hwTc> |
| 25 | 26 | 27 | 28 | 29 | 30 |  |
| Box it up!  Add two cans of meat to your “Build A Box” | Can you live on $4.50 a day? Take the SNAP challenge and eat on $4.50 today. |  | Box it up!  Add 2 condiments to your Hunger Action Month “Build A Box” | Pick up extra items at the grocery store and add them to your “Build A Box.” | Deliver your “Build A Box” to Island Harvest Food Bank. |  |