

ANNUAL REPORT FOR FISCAL YEAR 2018-2019



Island Harvest Food Bank, a leading Long Island-based hunger-relief organization, is changing the paradigm for ending hunger on Long Island. Our innovative cross-sector programs target the root causes of food insecurity among working families, senior citizens, veterans, and children. Strategic partnerships in communities, and with hospitals and related organizations, collaboratively address chronic food insecurity, physical/mental health conditions, and substance abuse disorders. Additionally, the lack of affordable housing, unemployment /underemployment, and the region's high cost of living present additional obstacles for so many on Long Island. Island Harvest Food Bank pairs specially designed initiatives with nutrition education, outreach, mobile food distributions, and resource referral services, designed to create pathways that address specific social determinants of health. Providing holistic services and vital resources help transition Long Islanders who are food-insecure from uncertainty to stability. Island Harvest Food Bank is a member of Feeding America®, the nation's leading domestic hunger-relief organization. More information is at www.islandharvest.org.

As a result of Island Harvest Food Bank's dynamic business model, more than 94% of expended resources go directly to programs and services that support more than 300,000 Long Islanders facing hunger. For five consecutive years, Island Harvest Food Bank has earned a four-star rating from Charity Navigator, an independent nonprofit watchdog organization. Island Harvest Food Bank is among just 9% of the nonprofits rated by Charity Navigator to merit the four-star designation.

Island Harvest Food Bank has earned its fifth consecutive four-star rating by Charity Navigator for "sound fiscal management and commitment to accountability and transparency."...This is our highest possible rating and indicates that your organization adheres to sector best practices and executes its mission in a financially efficient way. Attaining a 4-star rating verifies that Island Harvest exceeds industry standards and outperforms most charities in your area of work. Only 9% of charities we evaluate have received at least 4 consecutive 4-star evaluations, indicating that Island Harvest outperforms most other charities in America. This exceptional designation from Charity Navigator sets Island Harvest apart from its peers and demonstrates to the public its trustworthiness. Approximately only a quarter of rated charities have achieved this distinction.

Michael Thatcher, President and CEO, Charity Navigator



Island Harvest Food Bank works hand in hand with over 12,000 registered volunteers committed to combating hunger on Long Island.



On behalf of the entire team at Island Harvest Food Bank, thank you for taking the time to review our Annual Report. This past year, our organization has experienced great successes focusing our efforts on nutrition outreach to targeted populations, and creating healthy families through our farming program and fresh produce distributions.

As you may know, food insecurity is a widespread problem across the United States, and unfortunately, Long Island is no exception. Although, known as one of the most affluent areas in the country, Long Island has a high cost of living, which has left over 300,000 people (nearly a third of which are children) food insecure.

Compounding this issue is the fact that the current federal poverty level hasn't changed much, and is not adapted based on a regions' cost of living. The federal guidelines for a family of four is \$25,750, which amounts to less than \$482 a week, or \$2,091 each month. Earning more than this, for instance, \$30,000 a year for a family of four, can disqualify families for needed supplemental benefits. Hardworking families often working two and three jobs must stretch small amounts of money to cover all of their expenses—including their rent, transportation, medical costs, shoes and clothing for growing children... and, of course, food. An income at or below the poverty level simply cannot provide all of these necessities, forcing people to choose between paying their bills and feeding their families. These unfortunate circumstances point to the necessity and urgency of our work, and to the importance of the generous support we have received over the past year from kind individuals, foundations, and corporations.

Our ever-growing food distribution is just one part of our overall programming. Through our Impact Beyond Pounds programs, we have seen incredible success in improving the lives of Long Islanders living with food insecurity. Island Harvest Food Bank provides critical programs such as SNAP application assistance, nutrition education and outreach, and vital mobile services. Our dedicated staff and volunteers are focused on getting to the root of our clients' struggles, helping them and creating long-term solutions.

I send my heartfelt gratitude to all of our food donors, contributors, and supporters—including our dedicated corps of nearly 12,000 registered volunteers! We look forward to continuing and expanding our support of the Long Island community with you in the coming year. Please consider reaching out to us to schedule a tour of our Food Collection and Distribution Center and programs.

Thank you,

A handwritten signature in black ink, appearing to read "Randi".

Randi Shubin Dresner
President & CEO

Across Long Island, people living with food insecurity received more than 8 million meals through the distribution of approximately 9.8 million pounds of healthy food and product!

During the 2018/2019 school year, more than 240,000 nutritious meals were distributed through the Kids Weekend Backpack Feeding Program.

The Summer Food Service Program served nearly 200,000 nutritious and free breakfasts, lunches, and snacks to approximately 8,000 children.

The School Pantry Program supplemented more than 230,000 pounds of food for 22,000 children and their families.

Through our Youth Produce Project, Island Harvest distributed more than 80,000 pounds of fresh produce to nearly 2,000 children.

Through our Senior Mobile Food Pantry, we supplemented more than 110,000 meals to about 400 seniors weekly.

The Operation: HOPE veteran program served some 1,000 veterans, active military personnel, and their families.

The SNAP Outreach and Assistance Program resulted in more than 2.5 million meals.



Approximately 12,000 registered volunteers generously donated their time to assist in numerous programs, special events, more than 1,000 local food drives, food runs, and warehouse sortings. They have also assisted our staff by performing office work, and other tasks that are crucial to Island Harvest's daily operations, in addition to lending professional skills and expertise. In 2018, our dedicated volunteers donated 109,000 hours, which is an estimated cost savings of \$3.2 million.



“The products that Island Harvest give out are nutritious, and they help stretch my budget so I can afford my medication.”

– Carol, Senior Citizen



The drive, dedication, and selflessness of our volunteer force is unparalleled in hunger relief... hands down.

Summertime for many children consists of playing, laughing, waiting for the ice cream truck, and family barbecues. However, for tens of thousands of children, it means a time of uncertainty and lack of food. Now, imagine the stress many families have at this time of year— knowing that their kids will be out of school, and away from what is often their best meal of the day. Families, who depend on the free and reduced lunch/breakfast programs, do not suddenly have additional funds to buy their kids meals in the summertime. In fact, we often hear from our network of community-based organizations who have food pantries that the summer season is the most difficult time to keep their shelves filled. And so, as the 2018/19 school year came to a close, our team carefully added the final touches to one of our hallmark initiatives— our Summer Food Service Program. This was our tenth year,

and as the largest provider of summer meals on Long Island, we provided nearly 200,000 meals to some 8,000 kids! Our summer feeding sites are located in parks, libraries, health centers, camps, and other locations where kids and families gather.



“Sometimes on the weekend I get hungry because we don’t have much food at home, and the backpack packages really help.”

—Aiden, 5th Grade Student

- Through our Youth Produce Project, Island Harvest educates children about the importance of including fresh fruits and vegetables in their diets through distribution of fresh produce supported by cooking demonstrations and recipe cards. We distributed more than 80,000 pounds of fresh produce to almost 2,000 children at 19 sites across Long Island, combined with 20 nutrition education lessons and 12 newsletters for them to share with their families.
- During the 2018/2019 school year, food-insecure children throughout 29 schools in 10 districts received 41,000 packs of healthy food, equivalent to 240,000 nutritious meals, through the Kids Weekend Backpack Feeding Program. These students, who otherwise would have struggled with their families—gained access to nutritious, well balanced food throughout the weekends and over the holidays.
- The Summer Food Service Program served nearly 8,000 children at 86 sites, who depend upon the free, and reduced, lunch programs during the school year for one or two meals per day. These children received nearly 200,000 nutritious, free breakfasts, lunches, and snacks.
- The School Pantry Program supported a combined total of 22,000 children and their families at 35 sites with more than 230,000 pounds of fresh produce and healthy, shelf-stable food— supplementing more than 191,000 nutritious meals.



Daily access to healthy, nutritious food is critical for children. Island Harvest is always on hand with programs that assure no child will ever go hungry.



Across Long Island in 2018-19, Island Harvest increased access to fresh, healthy produce to more than 300,000 Long Islanders who are living with food insecurity. Through our Healthy Harvest Farm, nearly 40 Giving Gardens, and our partnerships with local farmers that we've established across Nassau and Suffolk County, we distributed nearly 550,000 pounds of fresh fruits and vegetables last year.

Not afraid to get their hands dirty, our corporate, and community, volunteers know what fresh produce means to those with food insecurity.



Island Harvest Food Bank's dedicated staff, board members, community and corporate volunteers, as well as local schoolchildren, are hard at work at our Healthy Harvest Farm, located on two acres of farmland at the Sisters of St. Joseph in Brentwood and Farmingdale State College. This land is used as an environmental learning model, as well as to provide increased access to healthy produce.

Countless volunteers spend their days raking, weeding, and planting at the farm, many of whom come from a program run by World Wide Opportunities on Organic Farms (WWOOF). This program connects volunteers with farmers worldwide to promote cultural and educational experiences that help to build a sustainable, global community. Through WWOOF, volunteers from around the world join our mission.



"This 'Giving Gardens Project' is in perfect alignment with our ongoing commitment to both environmental sustainability and social justice so that the needs of all will be met."

— Sister Helen Kearney, CSJ,
President of the Sisters of St. Joseph

Since 1992, we have grown to serve more than 300,000 people annually.

- Due to the continued and unwavering support from our generous contributors, we have distributed more than 153 million pounds of food and product—supplementing over 127 million meals to Long Islanders living with food insecurity.

Nutrition Education and SNAP Outreach

We are taking a strong stand on educating our vulnerable neighbors about eating healthy.

Promoting health and well-being has become a hallmark component of our work. Research has shown that hunger, health, and proper nutrition are indeed connected. We can help people who are food-insecure through targeted nutrition education. This emphasizes the relationship between the food we eat and its impact on the medicines we take. We also promote the benefits of healthy eating, and how it can affect healthy living, even on a limited income.



Nutrition outreach, education, and workshops that provide information on healthy food choices, shopping and cooking on a budget, the value of fresh fruits and vegetables, moderation of fat and sugar, healthy protein choices, and nutritious snacking can empower people.

This information is a cornerstone of our Nutrition Education Program touching more than 4,000 people a year. It ensures that people, who are food-insecure, vulnerable, and potentially burdened with chronic illnesses, have access to important information.



If we can empower people with proper evidence about healthy eating and its connection to their health, the medicines they are taking, and their overall well-being, *and*, if we can provide appropriate resources in the community such as food, SNAP (food stamps) enrollment and more— we can change lives. There is a connection between healthy eating and healthy living.

- More than 4,000 people, including children, families, seniors, and veterans received nearly 140 cooking demonstrations and nutrition education presentations through our Healthy Foods, Healthy Families Initiative and Education and Outreach Programs.

Topics included Eating Healthy with My Plate/Importance of Exercise, Eating Healthy with



Diabetes/to reduce risk for diabetes, Reducing/ Finding Added Sugar in Your Diet, Eating Healthy with Hypertension/to reduce risk by lowering sodium in your diet, Label Reading 101, Eating Healthy on a Budget, and more!

Invaluable educational workshops provide unique, first-hand experiences that promote health and well-being.

“Combining my desire to help fight hunger on a local level with helping kids fight hunger in their own communities is extremely gratifying. I am so lucky to have that opportunity.”

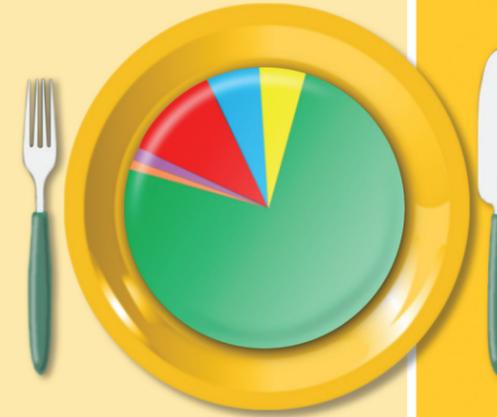
—E Waldman, volunteer



STATEMENT OF ACTIVITIES

STATEMENT OF FINANCIAL POSITION

SOURCES OF OUR COMMUNITY SUPPORT



- FUNDRAISING AND SPECIAL EVENTS 2.0%
- CONTRIBUTIONS 16.0%
- GOVERNMENT GRANTS 5.0%
- CAPITAL CAMPAIGN 6.0%
- IN-KIND FOOD/ NON-FOOD CONTRIBUTIONS 71.0%

FOR THE YEAR ENDED JUNE 30, 2019

	June 30, 2019
SUPPORT AND REVENUE	
Donated food	\$17,326,034
Contributions	3,942,298
Capital Campaign	1,247,516
Government grants	965,068
Special events (net of direct costs \$142,992)	606,383
Investment income, net	130,970
Other income	20,379
Net assets released from restrictions	
TOTAL SUPPORT AND REVENUE	\$24,238,648
EXPENSES	
Program services	\$21,898,515
Management and general	620,790
Fundraising	673,438
TOTAL EXPENSES	23,192,743
CHANGE IN NET ASSETS	1,045,905
NET ASSETS, BEGINNING	3,975,586
NET ASSETS, ENDING	\$5,021,491

The Statement of Activities, and Statement of Financial Position on the following page, were derived from our financial statement audited by MAZARS.USA LLC.

A copy of audited financial statements are available upon request.

HOW WE USE OUR RESOURCES



- PROGRAM SERVICES 94.0%
- FUNDRAISING 3.0%
- MANAGEMENT AND GENERAL 3.0%

FOR THE YEAR ENDED JUNE 30, 2019

	June 30, 2019
ASSETS	
Cash and cash equivalents	\$ 1,576,425
Investments and marketable securities	1,857,402
Grants and contributions receivable	958,419
Inventory of food and consumer products	1,008,576
Property and equipment, net of accumulated depreciation	272,612
Other assets	38,890
TOTAL ASSETS	\$5,712,324
LIABILITIES AND NET ASSETS	
LIABILITIES	
Accounts payable and accrued expenses	\$ 284,664
Deferred Income	406,169
TOTAL LIABILITIES	\$690,833
NET ASSETS	
Without donor restriction	\$2,539,261
With donor restriction	2,482,230
TOTAL NET ASSETS	5,021,491
TOTAL LIABILITIES AND NET ASSETS	\$5,712,324



Board of Directors

Board Chair
Doug Nadjari
 Chair, Governance/BY LAWS Committee
 Chair, Executive Committee
Partner
Ruskin Moscou Faltischek PC

Vice Chair
Jill Bernstein
Community Leader

Vice Chair
Barry Chandler
 Chair, Personnel Committee
 Chair, Nominating Committee
General Manager
Nissequogue Golf Club

Treasurer
Daniel S. Grinberg
 Chair, Finance Committee
President
Elara Brands LLC

Secretary
Stephen J. Juchem
Senior VP & CFO
First Long Island Investors

Michael Babich
 Chair, Operations Committee
Community Leader, Farmer

Frank Beyrodt
 Chair, Audit Committee
 Chair, Advocacy Committee
Executive Vice-President
DeLea Sod Farms, Inc.

Daniel Eichhorn
President
PSEG – Long Island

Christine Going
Office of the ADUSH,
Clinical Operations (10NC)
VA Central Office

S. Zaki Hossain
President
Modern Packaging Inc.
Pintail Coffee

Tariq Khan
President
Sentar Enterprises

Doug Manditch
 Chair, Capital Campaign Committee
Chairman,
Empire National Bank

Ignatius "Nate" L. Muscarella, Esq.
District Court Judge
District Court, Nassau County

Honorable Elaine Phillips
Cap Trust

Sandi Nussbaum
Community Leader

Stuart Richner
 Chair, Insurance Committee
President
Richner Communications

Ellen Sanders
Community Leader

Don Sussman
Community Leader

Dave Widmer
Vice-President
Altice Media Solutions
Long Island-Brooklyn

Honorary Board Members

Linda Breitstone
Founder, Island Harvest

Monsignor Thomas J. Hartman
 1946-2016
Past Board of Directors Chairman

Rabbi Marc Gellman (Retired)
Community Leader

Steven A. Klar
President
The Klar Organization

Bob Nystrom
Former NY Islander

Arthur Waldbaum
Community Leader

Jay Bernstein
Chairman & President
NIC Holding Corp.

Mark Rechler
President
Outhouse Music, Inc.

Advisory Board

Chair
Lee Heit Beck, Esq.
Consultant, Attorney

Rabbi Mickey Baum
Temple Beth Am of Merrick
President
New York State Chaplain Task Force

John T. Bauer, Esq.
Partner
Littler Mendelson, P.C.

Leslie Hall
Halls Carpet Inc.

Loretta Sehmeyer
Community Leader

James Skinner
President
A & C Exterminating Corp.

Andrew J. Turro, Esq.
Partner
Meyer, Suozzi, English & Klein



The Monsignor Thomas Hartman President's Council

In honor of
Father Thomas Hartman
(1946 - 2016)

Seth Asofsky
Community Leader

Edward J. Fred
TEE Enterprises, LLC.

Marc Tell
The Sam Tell Companies





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