



# **Community Services and Resource Guide for Freeport, Roosevelt and Uniondale**

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**Helpful Information For Your Neighborhood**

**Created July 2011**



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This resource guide was produced as of July 2011

**NOTE: \* Denotes Island Harvest Member Agency**



## Introduction to Island Harvest

**FIGHTING HUNGER. TOUCHING LIVES.** Island Harvest serves as the bridge between those who have surplus food and those who need it, supplying hundreds of community-based non-profit organizations on Long Island with critical food support to help stem the advancing tide of hunger in our communities. Island Harvest has delivered 71 million pounds of food, supplementing more than 54 million meals, since its inception in 1992. In support of its mission to end hunger and reduce food waste on Long Island, the organization is actively involved in educational and hunger awareness programs to inform the public about the insidious but often unrecognized problem of hunger here, in one of the wealthiest regions of the country, and how individuals, businesses, schools, and commercial food establishments can make a difference. Island Harvest is a member of Feeding America and actively works with more than 4,000 volunteers to pick up and deliver donated food, supplies and support to the hundreds of non-profit organizations in our network of close to 570 non-profit agencies and programs across Long Island.

## How to Use This Resource Guide

This resource guide was created by Island Harvest to inform and expand the knowledge of the resources available to the Hempstead community. The agencies and programs listed in this guide provide vital services in hunger relief, health services, utility assistance, education and more to their neighborhoods. This book was created for agencies to better refer their clients to the proper services and for other community members to assist their neighbors in living the most complete life they can.

Agencies and programs are listed in this guide book according to the type of services they provide and who they serve. The guide will provide basic program descriptions. For a full listing of programs and more detailed information please contact the agency or program sponsor directly. Many of the agencies listed here provide services that encompass a variety of categories so please read this guide thoroughly. This information is intended to benefit everyone. Please share it!

**NOTE: \* Denotes Island Harvest Member Agency**

***Are you getting your government benefits?  
Find out if you are eligible for:***

- Food Stamps
- HEAP
- WIC
- School Meals
- Medicaid
- Health Insurance
- Child/ Dependent Care
- Earned Income Tax Credit
- Prescription Programs

**Benefits Screenings**

**New York State:** Online screening allows you to find out which benefits you are eligible for. A fast and easy way to find out about many health and human services programs and how to apply for them - anytime and anywhere.

[www.mybenefits.ny.gov](http://www.mybenefits.ny.gov)



# **Food Assistance**

## **Food Pantries**

### **Freeport**

#### **Bethel AME Church\***

Open: Tuesday-Thursday, 9am-3pm, Friday 6-9  
420 N. Main Street  
Freeport, NY 11520  
(516) 377-4469

#### **Freeport Full Gospel Church\***

Open: Call for hours  
67 N. Main Street  
Freeport, NY 11520  
(516) 377-5550

#### **LI Council of Churches\***

Open: Monday-Friday, 11am-4pm  
450 Main Street  
Freeport, NY 11520  
(516) 868-4989

#### **Our Holy Redeemer Parish Outreach\***

Open: Monday-Thursday, 10am-1pm  
87 Pine Street  
Freeport, NY 11520  
(516) 868-8289

#### **Word of Life Ministries\***

Provides assistance with Food Stamp applications  
Open: Monday-Friday, 9am-5pm  
80 W. Merrick Rd.  
Freeport, NY 11520  
(516) 546-2883



## Roosevelt

### **Bethany House of Nassau Inc.\***

Open: 24 hours a day, 7 days per week  
102 White House Ave.  
Roosevelt, NY 11575  
(516) 378-6908

### **End Time Ministries\***

Open: Thursday 7pm-9pm  
133 Lincoln Ave  
Roosevelt, NY 11575  
(516) 223-2418.

### **Community Service Department SDA Church\***

Open: On call, Saturday or Sunday mornings bi-weekly  
36 Mirin Avenue  
Roosevelt, NY 11575  
(516) 632-5187 or (516) 603-6596

### **Gospel Lighthouse Assembly\***

Open: Wednesday, 5:30pm-7pm and occasional Saturdays, 3pm-5pm  
2-A Denton Place  
Roosevelt, NY 11575  
(516) 378-6734

### **Harvest for the World\***

May need to present benefits card or proof of receiving social service benefits  
Open: Saturday, 11am-1pm  
90 Pleasant Ave.  
Roosevelt, NY 11575  
(516) 623-4498

### **Helping Hand of Roosevelt\***

Open: 9am-12pm, first and last Saturday of the month  
39 Mansfield Ave.  
Roosevelt, NY 11575  
(516) 565-1501

**NOTE: \* Denotes Island Harvest Member Agency**



**Peace Valley Haven\***

Open: 24 hours per day, 7 days per week  
86 Park Ave.  
Roosevelt, NY 11575  
(516) 223-2355

**Queen of the Most Holy Rosary Parish Outreach\***

Open: Tuesday, 10am-12pm, Thursday, 1pm-3pm  
195 West Centennial Ave.  
Roosevelt, NY 11575  
(516) 867-4490

**REACT Center, Inc.\***

Open: Monday-Thursday, 9am-9pm, Friday, 9am-5pm  
27A Washington Place  
Roosevelt, NY 11575  
(516) 623-7741

**Roosevelt Bible Church\***

Serves Roosevelt and surrounding areas  
Open: Monday-Friday, 8am-3pm  
160 Nassau Road  
Roosevelt, NY 11575  
(516) 984-4186

**Roosevelt/Freeport Church of Christ\***

Open: Call for hours  
300 Babylon Tpke.  
Roosevelt, NY 11575  
(516) 378-0380

**Roosevelt/Freeport EOC\***

Open: Third Wednesday of the month, 10am-2pm  
281 Babylon Tpke.  
Roosevelt, NY 11575  
(516) 546-6121

**Triumphant Agape House\***

Open: Sundays, 3pm-4pm  
136 West Fulton Ave.  
Roosevelt, NY 11575  
(516) 492-1147

**NOTE: \* Denotes Island Harvest Member Agency**



## **Uniondale**

### **Abundant Life Church International Ltd\***

Open: Tuesday- Call before for hours  
561 Emerson Street  
Uniondale, NY 11553  
(516) 481-1876

### **Lutheran Social Services of New York\***

Open: Monday, Tuesday, Thursday and Friday, 9am-12pm  
311 Uniondale Ave.  
Uniondale, NY 11553  
(516) 483-3240

### **Maranatha Grace Church\***

Open: Tuesday evenings and Saturday, 10am-1pm  
986 Front Street  
Uniondale, NY 115553  
(516) 633-2513

### **Millennium Sistahs Inc.\***

Open: Monday- Friday 9am-5pm, Call ahead  
543 Northern Parkway  
Uniondale, NY 11553  
(516) 303-6679

### **St. Martha's Social Outreach\***

Open: Monday, Wednesday, Thursday, Friday 10am-2pm, Thursday, 6pm-8pm  
546 Greengrove Ave.  
Uniondale, NY 11553  
(516) 292-1603

### **Tabernacle of Joy Church\***

Open: Call for hours  
1070 Brookside Ave.  
Uniondale, NY 11553  
(516) 485-5660

### **United Methodist Church of Uniondale\***

Open: Tuesdays, 4:30pm, Sundays, 1:15pm  
720 Uniondale Ave.  
Uniondale, NY 11553  
(516) 481-9809





## **Soup Kitchens**

### **Faith Mission\***

Open: Saturdays  
87 Pine Street  
Freeport, NY 11520  
(516) 662-3760

### **Harvest for the World\***

Open: Monday, Wednesday and Saturday  
90 Pleasant Street  
Roosevelt, NY 11575  
(516) 623-4498

### **First United Methodist Church\***

Open: Monday-Friday  
30 Union Place  
Roosevelt, NY 11575  
(516) 378-5448

## **Interfaith Nutrition Network (INN)**

The INN addresses the issues of hunger and homelessness on Long Island by providing food, shelter, long-term housing, and supportive services in a dignified and respectful manner for those who seek our help. The INN's 19 soup kitchens serve more than 300,000 meals annually to hungry children, adults and seniors.

### **MAIN OFFICE**

211 Fulton Avenue  
Hempstead, NY 11550  
(516) 486-8506

### **Mary Brennan INN\***

Soup Kitchen  
100 Madison Avenue  
Hempstead, NY 11550  
(516) 486-6243



## **National Food Programs**

### **Program: The Commodity Supplemental Food Program (CSFP)**

**Description:** The Commodity Supplemental Food Program provides free food packages to New York Residents including seniors 60 and over, low-income pregnant and breast-feeding women, infants, post-partum women for up to 12 months after they have given birth and children who have not reached their sixth birthday. Packages include grains, infant products, cheese, milk, cereal, juice, vegetables and fruit, meat and more. Individuals who already receive WIC are **not** eligible. CSFP is a supplement only and therefore does not exclude participation in other programs like Food Stamps. See Farmers' Market Nutrition Program for more information.

#### **Contact Information:**

Catholic Charities Diocese of Rockville Centre\*  
38 St. John's Place  
Freeport, NY 11520  
(516) 623-4568

### **Program: Farmers' Market Nutrition Program**

**Description:** Farmers' Market Nutrition Program (FMNP) provides checks to women, infants and children through the Women, Infants and Children Program (WIC) and to Seniors in the Commodity Supplemental Food Program for the purchase of locally grown fresh fruits and vegetables. The fresh fruits and vegetables can be purchased with checks at farmers' markets during the summer and fall. The program officially runs from July - November 15.

Seniors apply through Nassau County Department of Senior Affairs or local Senior Center

#### **Contact Information:**

Department of Senior Affairs  
60 Charles Lindbergh Boulevard  
Uniondale, NY 11553-3691  
Phone: (516) 227-8900, Fax: (516) 227-8972

### **Agency: Why Hunger**

**Description:** A leader in building the movement to end hunger and poverty by connecting people to nutritious, affordable food and by supporting grassroots solutions that inspire self-reliance and community empowerment. Call or visit the website for local food resources.

**Program:** National Hunger Hotline 1-866-3-HUNGRY

**More Information:** Resources available at [www.whyhunger.org](http://www.whyhunger.org)



**Program: National School Lunch Program**

**Description:** The National School Lunch Program and School Breakfast Program provide nutritionally balanced, low-cost or free lunches and breakfasts to children who meet the eligibility requirements. The program also includes snacks served to children in after-school educational and enrichment programs.

**Contact Information:** Application forms are sent home with children early in the school year, but families should ask for applications from the principal's offices should they fail to receive an application.

**Program: Supplemental Nutrition Assistance Program (SNAP)**

**Description:** The Supplemental Nutrition Assistance Program, previously known as Food Stamps, issues monthly benefits that can be used to purchase food at authorized retail food stores. Food Stamp benefits help low-income working people, seniors, the disabled and others feed their families.

Screening for eligibility can be done online at [myBenefits.ny.gov](http://myBenefits.ny.gov). Application can be picked up at The Nassau County Department of Social Services and the Health and Welfare Council of Long Island. All Long Island residents can apply online.

Applicants who are over age 60 or disabled may also mail in their applications, which can be obtained by calling (516) 227-8523.

**Contact Information:**

Nassau County Department of Social Services  
60 Charles Lindbergh Blvd.  
Uniondale, New York 11553-3656,  
(516) 227-7474

Health and Welfare Council of Long Island (HWCLI)  
1 Helen Keller Way, 4th floor  
Hempstead, NY 11550  
(516)483-1110

**Specific Services:** HWCLI will do an initial screening over the phone for eligibility. If eligible then an application can be mailed to the client. HWCLI will also provide application assistance if requested.

**Program: Just Say Yes to Fruits and Vegetables**

**Description:** Website created by the USDA SNAP Education Program to provide nutritional information, tips and suggestions for eating healthy on SNAP. Includes money saving tips and community resources. <http://www.jsyfruitveggies.org/>



**Program: Women Infants and Children (WIC)**

**Description:** WIC provides supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk. See Farmers' Market Nutrition Program for more information.

**To qualify:** You must be a resident of New York State, but you *do not* need to be a U.S. citizen. You must meet the income eligibility guidelines OR be receiving benefits from Food Stamps, Medicaid or Temporary Assistance for Needy Families.

**Contact Information:**

Catholic Charities of Rockville\*  
38 St John's Place  
Freeport, NY 11520  
(516) 377-0157

Nassau County Department of Health  
106 Charles Lindbergh Blvd  
Uniondale, NY 11553  
(516) 227-9453

Freeport-Roosevelt Family Health Center  
380 Nassau Road-3rd floor  
Roosevelt, NY 11575  
(516) 571-8606

Hempstead WIC  
Nassau County Department of Health  
160 North Franklin Ave.  
Hempstead, NY 11550  
(516) 572-0920

**More Information:** [www.health.state.ny.us/prevention/nutrition/wic/](http://www.health.state.ny.us/prevention/nutrition/wic/)



## **Employment Services**

### **Agency: Commission on Human Rights Nassau County**

#### **Program: Job Development Center**

**Description:** The Job Development Center is the unit of the Commission devoted to assisting residents of the County to find employment. It is the aim of the Job Development Center to assist all residents, with emphasis on minority group members, in achieving this goal.

#### **Contact Information:**

240 Old Country Road,  
Mineola, NY 11501  
(516) 571-3663

### **Agency: New York State Department of Labor**

**Description:** The Department of Labor provides convenient "one-stop shopping" for employment-related needs. The DOL operates Career centers at which a staff member can address your individual needs. The department also offers Skill Matching and Referral Technology (SMART) online to match jobs to your resume. The department website provides access to many useful tools for job seeking.

The Town of Hempstead's Department of Occupational Resources has created a one-stop career center called Hempstead Works Career center to administer the New York State DOL programs.

#### **Contact Information:** Hempstead Works: Career Center

The Hempstead Executive Plaza,  
50 Clinton Street, Suite 400, 4th floor  
Hempstead, New York  
(516) 485-5000

**More Information:** <http://www.labor.ny.gov/home>

### **Agency: The Workforce Partnership**

**Description:** The Workforce Partnership (TWP) is a consortium of local governments funded by the Federal Workforce Investment Act (WIA). Nassau County has two centers for job seekers. Services include access to computers for job seeking, resume assistance, meetings with career specialist, access to large job bank, phone, fax and internet access, career counseling and workshops.

#### **Contact Information:**

301 West Old Country Rd.  
Hicksville, NY 11801  
8:30am - 4:30pm  
516-797-4560

977 Hicksville Rd.  
Massapequa, NY 11758  
8:30am - 4:30pm  
516-934-8532



## **Housing Assistance**

### **Agency: Bethany House Nassau County\***

**Description:** Bethany House is dedicated to improving the lives of homeless women and children on Long Island. They provide supportive emergency housing for women and their dependent children, and a comprehensive range of additional programs and resources. Of those women who remain for more than two weeks, 94% have successfully found permanent housing. Bethany provides services in three well-maintained and attractively kept houses. Clients must be referred through Department of Social Services.

#### **Contact Information:**

102 Whitehouse Ave.  
Roosevelt, NY 11553  
(516) 868-6866

**More Information:** [www.bethanyhouselongisland.org](http://www.bethanyhouselongisland.org)

### **Agency: Community Housing Innovations, Inc. (CHI)**

**Description:** CHI provides the housing and human services that enable low and moderate income families and individuals to achieve the greatest independence at the lowest cost to society. CHI has emergency shelters as well as programs to help prevent foreclosure. Referrals for CHI must go through Department of Social Services.

#### **Contact Information:**

Main Office  
55 Medford Avenue, Suite B  
Patchogue, NY 11772  
(631) 475-6390

CHI- Hempstead  
196 Cornell Street & 192 Cornell Street  
Hempstead, NY 11550  
(516) 280-2201

CHI- Uniondale  
456 Jerusalem Avenue  
Uniondale, NY 11553

**More Information:** [www.chigrants.org](http://www.chigrants.org)

**Specific Services:** Long Island Home Ownership Program, Nassau County Local Home Purchase Program, Long Island Housing Programs, Long Island Developer Services



**Agency: Community Development Corporation Long Island**

**Description:** CDC provides residents with many services including housing counseling programs, rental housing assistance and a weatherization assistance program.

**Contact Information:**

54 West Merrick Road  
Freeport, NY 11520  
(516) 867-7727

**More Information:** [www.cdcli.org](http://www.cdcli.org)

**Program: Dismas House\***

**Agency: Society of St. Vincent de Paul**

**Description:** There are many men released from correctional facilities who are faced with the reality of being homeless once they are discharged. Dismas House was created by the Society of St. Vincent de Paul to provide these men with a structured place to live once they are released from prison. The program can also accept others who are involved in the criminal system. Referrals can be accepted from local county jails. Those eligible for this program are men who are committed to becoming rehabilitated.

**Contact Information:**

157 East Clinton Avenue  
Roosevelt, NY 11575  
(516) 623-5710

**More Information:** <http://www.svdprvc.org>

**Agency: Eager to Serve\***

**Description:** Eager to Serve is shelter for women in need of housing. Housing is provided based on referrals from Department of Social Services. All shelter cost is subsidized by Department of Social Services.

**Contact Information:**

423 Atlantic Avenue  
Freeport NY 11520  
(516) 223-9592



**Agency: Habitat For Humanity Nassau County**

**Description:** Habitat for Humanity is an ecumenical organization that seeks to address affordable housing needs by providing simple affordable homes for deserving families in Nassau County. Check online for financial and other requirements.

**Contact Information:**

1421 Northern Boulevard  
Manhasset, NY 11030  
(516) 627-6047, Fax: (516) 627-6119

**More Information:** Application for home ownership: <http://www.hfhnc.org>

**Agency: Harvest of the World Shelters\***

**Description:** Shelters are available to those in need of housing. Walk-ins are accepted but housing is based on availability of space. There is a screening and evaluation conducted to assess need. The site also has a soup kitchen and food pantry.

**Contact Information:**

90 & 86 Pleasant Street  
Roosevelt, NY 11575  
(516) 623-4498

**Agency: Homeless Disability Relief Funds\***

**Description:** Housing for the homeless, usually referred by a social service agency. Open 24 hours per day, 7 days per week.

**Contact Information:**

109 Park Avenue & 181 Denton Avenue  
P.O. Box 160  
Roosevelt, NY 11575  
(516) 603-7418

**Agency: The Interfaith Nutrition Network (INN)\***

**Description:** The INN's emergency shelters provide housing and supportive services for guests experiencing the trauma of homelessness. The INN has three emergency shelters in Nassau County—two family shelters and one shelter for single men. The INN shelters are open all year long and staffed 24 hours a day, 7 days a week. Referrals usually come through Department of Social Services but the INN will accept non-referrals as well.

**Contact Information:**

Main Office-211 Fulton Ave  
Hempstead, NY 11550  
(516) 486-8506

**More Information:** [www.the-inn.org](http://www.the-inn.org)





**Agency: Long Island Coalition for the Homeless, Inc.**

(Formerly the Nassau-Suffolk Coalition for the Homeless)

**Program: Housing Advocacy Program**

**Description:** The Housing Advocacy Program offers information, referrals and linkages for homeless individuals and/or families for housing and services. Referrals include emergency, transitional or permanent housing; medical or psychiatric services; vocational and educational training; and legal assistance. Linkages are also provided to the Department of Social Services and the Social Security Administration. Individuals should call to be properly referred to services including cash assistance and food and clothing support.

**Contact Information:**

38 Old Country Rd.  
Garden City, NY 11530  
(516) 742-7770, Fax: 516/ 873-0830,

**More Information:** <http://addresssthehomeless.org/>

**Agency: Long Island Housing Partnership**

**Description:** Long Island Housing Partnership, Inc. addresses the need for affordable housing on Long Island by providing affordable housing opportunities for those who are unable to afford homes. This problem is solved through development, technical assistance, mortgage counseling, homebuyer education and lending programs.

**Contact Information:**

180 Oser Avenue, Suite 800  
Hauppauge, NY 11788  
(631) 435-4710, Fax: (631) 435-4751

**More Information:** [www.lihp.org](http://www.lihp.org)

**Agency: M.T.I. Residential Services\***

**Description:** Transitional housing for homeless and mentally ill persons. Referrals are needed from Department of Social Services or through a hospital. Some costs may be subsidized by DSS. M.T.I has a number of locations, including several locations in Uniondale. Call their main intake number for more information from Shay Gregory.

**Contact Information:**

598 Paff Avenue  
Uniondale, NY 11553  
(718) 492-1733



**Agency: Nassau County Office of Housing and Homeless Services**

**Programs:**

**Section 8 Tenant Based Vouchers - "Housing Choice Vouchers"**

Tenant-based vouchers increase affordable housing choices for very low-income families (i.e. families with income below 50% of area median income). With a voucher, families can lease safe and decent housing at reasonable rates. Currently the waiting list is CLOSED.

**Family Unification**

Vouchers are made available to families for whom the lack of adequate housing is a primary factor in the separation, or threat of imminent separation, of children from their families or in the prevention of reunifying the children with their families. Family unification vouchers enable families to lease decent, safe and sanitary housing.

**Homelessness Prevention and Rapid Re-housing Program (HPRP)**

Program addresses homelessness in the community by working with families with children who are most at risk of becoming homeless. Program goal is to help people obtain long term sustainable housing. People who become homeless are rapidly re-housed through financial assistance, case management, housing location, and stabilization services.

HOMELESS SERVICES HELPLINE (FOR APPLICANTS) (516) 572-2711

**Contact Information:**

Office of Housing & Homeless Services  
40 Main Street, 1st Floor  
Hempstead, NY 11550  
(516) 572-2790

**Agency: Nassau Haven (Family and Children's Services)**

**Description:** Emergency co-ed housing shelters for Nassau children ages 10-20 years providing short-term housing and case management.

**Contact Information:** (516) 221-1310 or (516) 679-1111

**More Information:** [www.familyandchildrens.org](http://www.familyandchildrens.org)



## **Health Services**

Narcotics Anonymous (NA): (516) 827-9500  
Nassau Alliance for Addiction: (516) 481-4000  
Gamblers' Anonymous (GA): (877) 533-4395  
Overeaters Anonymous (OA): (516) 827-9500  
Alcoholics Anonymous (AA): (516) 433-8003  
Long Island Self Help Clearinghouse: (516) 686-1212  
Recovery International: (631) 724-5190  
LI Council on Alcoholism and Drug Dependence: (516) 747-2606  
Nassau/Suffolk Spanish Intergroup Alcoholics Anonymous: (516) 747-2606  
Suicide and Crisis Counseling: (516) 679-1111

### **Program: Catholic Charities Dental Program**

**Description:** Catholic Services Dental program provides dental services to those with a limited income or who are medically compromised. Payments accepted through Medicaid, private insurance and on a sliding scale for self-payment. These services are available to all Long Islanders and those in the metropolitan area.

#### **Contact Information:**

333 N. Main Street  
Freeport, NY 11520  
(516) 623-4420

**More Information:** [www.catholiccharities.cc](http://www.catholiccharities.cc)

### **Agency: Health & Welfare Council of Long Island**

**Description:** The Health & Welfare Council of LI is a private, not for profit, health and human services planning, research/public education, and advocacy organization that serves as the umbrella for public and voluntary agencies serving Long Island's poor and vulnerable individuals and families. Provides health advocacy and free eligibility screening for New York State's health insurance programs: Child Health Plus, Family Health Plus and Medicaid. **Contact Information:** (516) 483-1110

**More Information:** [www.hwcli.com](http://www.hwcli.com)

### **Program: Physically Handicapped Children's Program (PHCP)**

The PHCP assists families in paying medical bills for children with severe chronic illnesses and/or physical disabilities, between birth and 21 years of age, who live in New York State and meet county medical and financial eligibility criteria.

**Contact Information:** (516) 227-8665



## **Cancer Support**

### **Agency: American Cancer Society**

**Description:** The American Cancer Society is the nationwide, community-based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer, through research, education, advocacy, and service. ACS offers educational information, support, resources and financial assistance.

**Contact Information:** 1-800 227-2345

**More Information:** [www.cancer.org](http://www.cancer.org)

### **Agency: CancerCare**

**Description:** National nonprofit organization that provides free, professional support services for anyone affected by cancer. CancerCare offers counseling, support groups, educational workshops, publications and financial assistance.

**Contact Information:** 1-800-813-HOPE

**More Information:** [www.cancercare.org](http://www.cancercare.org)

### **Agency: Sisters United in Health**

**Description:** SUH is a coalition of 13 organizations, originally founded by Planned Parenthood of Nassau County, providing quality breast health and breast cancer information to African American and Hispanic women living on Long Island.

#### **Program: Free and Low-cost Mammograms**

Call today at 1-800-559-6348. You do not need health insurance to receive these services. You do not need to be a legal resident of the United States to receive these services.



## HIV/AIDS Assistance

**Program: AIDS Service Coordination**

**Agency: Nassau County Department of Health**

**Description:** Ensures that people who have been diagnosed as having AIDS receive all of the services and benefits for which they are entitled from the Department of Social Services and the many public and private agencies.

**Contact Information:**

60 Charles Lindberg Blvd.  
Uniondale, NY 11553  
(516) 227-8098

**Program: Ryan White HIV/AIDS Treatment Modernization Act**

**Agency: Catholic Charities**

**Description:** The Ryan White HIV/AIDS Treatment Modernization Act is legislation that grants federal money to Nassau and Suffolk Counties to provide services for individuals and families affected by HIV/AIDS. The Act provides for Mental Health and Outpatient Services. Through this program, Catholic Charities offers special needs housing for families with an HIV member as well as special dental services and case management.

**Contact Information:**

Catholic Charities  
333 North Main Street  
Freeport, NY 11520  
(516) 623-4420

## Maternity Services

**Agency: Perinatal Services Network (Nassau Co. Health Department)**

**Description:** Information and referral service for pregnant and parenting women of Nassau County. The Network links women and their families to essential health and human services such as Prenatal Care and Day Care, regardless of citizenship or lack of insurance.

**Contact Information:** (516) 227-9456

**Specific Services:** TEXT4BABY

Pregnant women and new moms are encouraged to sign up for this **free** service by texting BABY to 511411 (or BEBE for Spanish) to receive a free SMS text messages each week, timed to their due date or baby's date of birth. These messages focus on a variety of topics critical to maternal and child health and can also connect women to early prenatal care.

**More Information:** <http://www.text4baby.org/>



**Agency: Life Center of Long Island**

**Description:** Our goal here at The Life Center is to empower pregnant and parenting women by providing them with the resources and emotional support needed to take care of themselves and their children and enable them to make healthy decisions for their future. Skilled consultants are available to provide information, guidance, hope, and encouragement to women and men struggling with an unplanned pregnancy. All services are provided for no fee and no one is turned away.

**Specific Services:** Sonograms by a licensed physician when necessary, crisis intervention counseling, both pre-natal and post-natal guidance, material aid such as cribs, car seats, clothing, diapers, abstinence education in private and public schools and various forums, sexual integrity education, fertility awareness and appreciation, post abortion healing ministry, assistance with linking to appropriate community resources.

**Contact Information:**

507 Fulton Avenue  
Hempstead, NY 11550  
(516) 408-6300

**Agency: Planned Parenthood**

**Description:** Planned Parenthood provides sexual and reproductive health care, education, and information to more than five million women, men, and adolescents worldwide each year. Planned Parenthood offers services for sexual health, birth control, STDs, abortion, sex education, HIV testing, pregnancy testing and more. Planned Parenthood accepts insurance or operates on a sliding fee scale.

**Contact Information:**

540 Fulton Ave  
Hempstead, NY 11550  
(516) 750-2500, Fax: (516) 483-3556

**More Information:** [www.plannedparenthood.org](http://www.plannedparenthood.org)



## Recovery Services

**Agency: Bridges of New York\***

**Description:** Bridges is a Christian-based transitional housing program for men in recovery. The houses have 24 hour supervision and continuous support for residents. Some out-patient services are also available. Bridges of New York provides assistance for individuals who are serious about recovery. 10 beds are reserved for referrals from the Corrections Office and 10-12 beds are available to those without a referral or with a referral from another agency.

**Contact Information:**

2 90 South Ocean Avenue  
Freeport, NY 11520  
(516) 608-9975

**More Information:** [www.bridgesofnewyork.org](http://www.bridgesofnewyork.org)

**Agency: Family and Children's Association\***

**Program: Hempstead Chemical Dependency Program**

**Description:** Provides services to individuals throughout Nassau County who are experiencing difficulties caused by chemical dependency. The center also provides preventative education on substance abuse. Fees are charged based on income but no one will be turned away due to inability to pay.

**Contact Information:**

126 Franklin Street  
Hempstead, NY 11550  
(516) 486-7200

**More Information:** [www.familyandchildrens.org](http://www.familyandchildrens.org)

**Agency: Freeport Pride Inc.**

**Program: Substance Abuse Treatment Program**

**Description:** The Freeport Pride, Inc. Drug Abuse Treatment Program is an outpatient drug free service, provided to individuals with a drug problem and their families. Treatment services include individual, family, and group counseling, vocational services and drug education. Services require a referral and are primarily available to residents of Freeport, although other referrals are accepted. Fees for the program are generally low and operate on a sliding scale. There is no fee for the intake process.

**Contact Information:**

33 Guy Lombardo Avenue  
Freeport, NY 11520  
(516) 546-2822





**More Information:** [www.freeportpride.org](http://www.freeportpride.org)

**Agency:** MaryHaven Mercy New Hope\*

**Description:** 24/7 Crisis Center for alcohol and drug addiction. Referrals and walk-ins are both accepted. There is an intake screening process. This is a crisis center meant for short term stays, not a rehabilitation facility. Serves the areas of Nassau, Suffolk and New York City.

**Contact Information:**

150 Buffalo Avenue  
Freeport NY 11520  
(516) 5467070

**Agency:** Monica's Manor\*

**Description:** Monica's Manor is a traditional residence for men coming from a prison, a half-way house, a therapeutic community or a rehabilitation center who were addicted to alcohol or drugs. The purpose of the residence and its programs is to re-integrate these men as useful members of society, drug and alcohol free. Program requires a referral from DSS or prison so that an interview can be conducted. There is a monthly rent fee charged to participants although DSS may subsidize the cost.

**Contact Information:**

1348 Menard Street  
Uniondale, NY 11553  
(516) 225- 5472

**More Information:** <http://monicasmanor.org>

**Program:** Nassau County Intergroup of Alcoholics Anonymous

**Description:** Nassau InterGroup of Alcoholics Anonymous is an all volunteer organization formed by the AA groups in Nassau County to serve all groups and meetings in Nassau County. Call or visit the website for meeting site locations.

**Contact Information:**

361 Hempstead Turnpike  
West Hempstead, NY 11552-1342  
24 Hour hotline (516) 292.3040

**More Information:** <http://www.nassauny-aa.org/>





**Agency: Seafeld Resources\***

**Description:** Seafeld Resources is a non-profit organization dedicated to providing ongoing support to those in recovery from alcohol and substance abuse addiction, and combating its devastating effects on the individual and his family. The Uniondale residence a supportive living community for men in recovery from drug or alcohol addiction but there are numerous locations for inpatient and outpatient treatment across the Island. A referral is required and payment is accepted from private insurance, Medicaid and Department of Social Services.

**Contact Information:**

526 Greengrove Avenue  
Uniondale, NY 11553  
(516) 565-4428



## **Medical Centers**

### **South Nassau Communities Hospital**

One Healthy Way  
Oceanside, NY 11572  
(516) 632-3000  
[www.southnassau.org](http://www.southnassau.org)

### **Mercy Medical Center**

1000 North Village Avenue  
Rockville Centre, NY 11571-9024  
(516) 705-2525  
[www.mercymedicalcenter.chsli.org](http://www.mercymedicalcenter.chsli.org)

### **Franklin Hospital Medical Center**

900 Franklin Avenue  
Valley Stream, NY  
(516) 256-6000

### **Nassau University Medical Center**

2201 Hempstead Turnpike  
East Meadow, NY 11554  
(516) 572-0123  
[www.numc.edu](http://www.numc.edu)

## **NuHealth Family Health Center**

### **Nassau Health Care Corporation**

Health care services include: Maternity, pediatrics, family planning, young adult services for teenagers through age 20, mammography screening, primary care, dentistry/oral health care to maternity, pediatric and HIV clinics, and WIC information. All Nassau County residents are welcome. Some services may be covered by insurance; other fees based on sliding scale - proof of income and family size required.

135 Main St., Hempstead, NY 11550  
(516) 572-1300

**NOTE: \* Denotes Island Harvest Member Agency**



### **Planned Parenthood Nassau County**

Planned Parenthood provides sexual and reproductive health care, education, and information to more than five million women, men, and adolescents worldwide each year. Planned Parenthood offers services for sexual health, birth control, STDs, abortion, sex education, HIV testing, pregnancy testing and more.

540 Fulton Ave  
Hempstead, NY 11550  
( 516) 750-2500, Fax: (516) 483-3556  
[www.plannedparenthood.org](http://www.plannedparenthood.org)

**NOTE: \* Denotes Island Harvest Member Agency**



## **Prescription Assistance**

### **Program: CVS Caremark-Get the Medicine (GTM)**

**Description:** This prescription savings program saves an estimated 20% off of the regular retail price of prescription drugs. Nine out of 10 pharmacies will accept the discount card. No membership fees and no limits on using your card.

**More Information:** Call 1-877-321-2652 or visit [www.caremark.com/gtmoutreach](http://www.caremark.com/gtmoutreach)

### **Program: FamilyWize Discount Prescription Program**

**Description:** For Long Islanders without health insurance or who are in need of medications not covered by their insurance plan, there is help. FamilyWize prescription drug discount cards are available through United Way of Long Island.

**More Information:** Download a card at <http://www.unitedwayli.org/health> or to receive a card by mail or for additional information email us at [vtatem@unitedwayli.org](mailto:vtatem@unitedwayli.org) or call (631) 940.3740.

### **Program: HIV Uninsured Care Drug Programs**

**Description:** These programs are administered by the NY State Department of Health. The AIDS Drug Assistance Program (ADAP) provides free medication to treat HIV/AIDS and related infections. It can be used by people with partial insurance or who have a Medicare spend down requirement. They also offer homecare, primary care and will pay to continue health insurance for patients who can't afford it through ADAP Plus Insurance Continuation program (APIC).

**More Information:**

<http://www.health.state.ny.us/diseases/aids/resources/adap/index.htm>

### **Agency: New York State Prescription Assistance**

#### **Program: Elderly Pharmaceutical Insurance Coverage Program (EPIC)**

**Description:** EPIC is a NY state program that provides prescription drug coverage for seniors enrolled in Medicare Part D. Seniors with a Medicaid spend-down are eligible, but those with full Medicaid benefits are not.

**Contact Information:** EPIC Hotline 1-800-332-3742

**More Information:** [http://www.health.state.ny.us/health\\_care/epic/index.htm](http://www.health.state.ny.us/health_care/epic/index.htm)



**Program: Prescription Drug Plan**

**Description:** Includes all FDA approved Prescription drugs. Program provides savings up to 15% or more off the cash price for drugs or 40% or more off generic drugs. Available for use at almost any pharmacy. Covers everyone in your family.

**More Information:** [www.Consumerdrivenrx.com](http://www.Consumerdrivenrx.com)

**Program: RxAssist**

**Description:** RxAssist can help you learn about ways to use pharmaceutical company programs and other resources to help reduce your medication costs. RxAssist offers a comprehensive database of medication services as well as practical tools, news, and articles so that health care professionals and patients can find the information they need.

**More Information:** [www.rxassist.org](http://www.rxassist.org)

**Program: RxHope**

**Description:** RxHope is everything its name implies...your best hope in getting your critical medications, whether they be free or at a small, affordable co-pay. We can determine if you are eligible for patient assistance and then help you start the application process.

**More Information:** [www.rxhope.com](http://www.rxhope.com)

**Program: Rx Outreach**

**Description:** Rx Outreach is a non-profit organization that envisions that all individuals have access to affordable medications to preserve their quality of health. Check if you meet income qualifications and if your medication is listed.

**More Information:** <http://www.rxoutreach.org/>

**Agency: The National Alliance on Mental Illness**

**Description:** NAMI's website maintains a list of contact information for drug companies that provide prescription assistance to individuals who are being treated for mental illness.

**More Information:** [www.nami.org](http://www.nami.org)

**Program: Target \$4 Prescription Drug Program**

**Description:** Target pharmacies offer many generic drugs for \$4.00 for a 30 day supply and \$10.00 for a 90 day supply.

**More Information:** [www.target.com](http://www.target.com)



**Program: Together Rx Access Card**

**Description:** The Together Rx Access Card is a FREE prescription discount program offered by drug companies to patients without drug coverage who live in the United States and Puerto Rico. Available for those not eligible for Medicare.

**More Information:** [www.together-rxaccess.com](http://www.together-rxaccess.com)

**Program: The Partnership for Prescription Assistance (PPA)**

**Description:** The PPA is an organization that helps patients who can't afford their prescription drugs find public and private programs that can assist them in paying for their medicine. The PPA also provides free information on nearly 10,000 free health care clinics.

**Contact:** 1-888-4PPA-NOW (1-888-477-2669)

**More Information:** [www.pparx.org](http://www.pparx.org)

**Program: Walmart \$4 Prescription and Over the Counter Drugs**

**Description:** Walmart's \$4.00 prescription program offers many prescription drugs for \$4.00 for a 30 day supply and \$10.00 for a 90 day supply.

**More Information:** [www.walmart.com](http://www.walmart.com)



## Health Insurance

### **Agency: Affinity Health Plan**

**Description:** Affinity Health Plan is an independent, not-for-profit managed care company dedicated to serving the needs of low- and moderate-income residents of the New York area. Affinity is based out of the Bronx and has community service centers set up across Long Island to make their services more accessible. Affinity works with programs such as Child Health Plus, Family Health Plus and Medicare.

### **Contact Information:**

101 South Bergen Pl.  
Freeport, NY 11520  
1-866- 247-5678

### **Program: Child Health Plus**

**Description:** This is a New York State health insurance plan for kids. Depending on your family's income, your child may be eligible to join either Child Health Plus A (formerly Children's Medicaid) or Child Health Plus B. To be eligible for either Children's Medicaid or Child Health Plus, children must be under the age of 19 and be residents of New York State. Whether a child qualifies for Children's Medicaid or Child Health Plus depends on gross family income.

### **Contact Information:**

#### **Nassau, Suffolk**

Health and Welfare Council of Long Island  
1 Helen Keller Way  
Hempstead, NY 11550  
(516) 483-1110 x 428 or (631) 475-8946

#### **Nassau, Suffolk**

Nassau-Suffolk Hospital Council  
1383 Veterans Memorial Highway Suite 26  
Hauppauge, NY 11788  
(631) 435-3000 or (631) 656-9783

#### **Nassau County DSS**

60 Charles Lindbergh Blvd  
Uniondale, New York 11553  
(516) 227-7474

**More Information:** Call this toll-free number: 1-800-698-4KIDS (1-800-698-4543), and ask about Child Health Plus and Children's Medicaid. If you are hearing impaired call the TTY number, 1-877-898-5849.



**Program: Family Health Plus**

**Description:** This public health insurance program covers adults between the ages of 19 and 64 who do not have health insurance and have incomes too high to qualify for Medicaid. Family Health Plus provides comprehensive coverage, including prevention, primary care, hospitalization and prescription drugs. There are no costs to participate and services are provided through participating managed care plans. The application is the same as the one used for Medicaid.

**Contact Information:**

Nassau County Department of Social Services  
60 Charles Lindbergh Blvd.  
Uniondale, New York 11553  
(516) 227-7474

Health and Welfare Council of Long Island  
1 Helen Keller Way, 4<sup>th</sup> Floor  
Hempstead, NY 11550  
(516) 483-1110, ext 11  
[www.hwcli.com](http://www.hwcli.com)

**Program: Health Insurance Counseling (HIICAP)**

**Description:** HIICAP (Health Insurance Information, Counseling and Assistance Program) provides information and guidance to Nassau County seniors who request assistance with health insurance selection and/or problems. It is funded by the Nassau County Department of Senior Citizen Affairs and operated by Family and Children's Association.

**Contact Information:** Family and Children's Association: (516) 292-1300 or HELPLINE 227-8900

**Program: Medical Assistance (Medicaid)**

**Description:** Medical Assistance (Medicaid) provides essential medical services for persons receiving Public Assistance and other low-income persons. Services covered include inpatient and outpatient hospital care, physician services, skilled nursing care, laboratory and X-ray services, early and periodic screening of children, home health care services and transportation services. Certain participants may be eligible for Medicaid Managed Care plan which includes comprehensive health coverage.

**Contact Information:** Nassau County DSS: MEDICAID – (516) 227-8000





## **Mental Health Services**

Nassau County Office of Mental Health: (516) 571-3355  
Mental Health Hotline: (800) 273-Talk (8255)  
(516) 504-Help (4357)  
(516) 489-2322

### **Agency: Catholic Charities**

#### **Program: Mental Health Outpatient Clinics**

**Description:** Provides treatment and support services for a wide variety of mental health issues. Bilingual services are available. Services require a diagnosis of mental illness. Payments accepted through Medicaid, and third-party insurance. Sliding scale payments are available for those with no insurance.

#### **Program: Mental Health Residential**

**Description:** Provides a variety of residences for children, adolescent and adults who struggle with mental illnesses. Requires diagnosis of mental illness. Age and mental health status requirements vary by individual residential complex. There are no fees for the services provided. No one is turned away due to inability to pay. Rent is based on ability to pay.

#### **Contact Information:**

333 N. Main Street  
Freeport, NY 11520  
(516) 623-3322

**More Information:** [www.catholiccharities.cc](http://www.catholiccharities.cc)

### **Agency: Family Residences and Essential Enterprises, Inc. (FREE)**

**Description:** Community living options for people with developmental disabilities and mental illness. FREE provides day programming and personalized recovery oriented services as well as health and autism services.

#### **Contact Information:**

191 Bethpage-Sweet Hollow Road  
Old Bethpage, NY 11804-1314  
(516) 870-1600, fax: (516) 870-1660

**More Information:** <http://www.familyres.org>



**Agency: Hands Across Long Island (HALI)\***

**Description:** Peer run, multi-service mental health agency. Provides a variety of programs including; emotional support, transportation, patient advocacy and referral services. HALI has personalized recovery oriented services (PROS) as well as Single Point of Access housing. Programs usually accept Medicaid and some programs operate on a sliding scale.

**Contact Information:**

159 Brightside Avenue  
Central Islip, NY  
(631) 234-1925

**More Information:** [www.hali88.org](http://www.hali88.org)

**Program: Home Based Crisis Intervention**

**Agency: South Shore Guidance Center**

**Description:** Provides intensive in-home crisis services to families where one or more children are at serious risk of psychiatric hospitalization. Intervention is provided for a 4-6 week period with the goal of avoiding admission to the hospital. During the intervention period, the family's counselor is available on a 24 hour a day, 7 day a week basis and works with the family as much as needed. There is no fee for this program. The funding is provided by the Department of Health.

**Contact Information:**

Pathways Program, South Shore Child Guidance Center  
17 W. Merrick Road  
Freeport, NY 11520  
(516) 868-3030

**Program: Home and Community Based Services (HCBS)**

**Agency: New York State Office of Mental Health**

**Description:** Provides home and community based services to children between 5 and 18 years who face the likelihood of residential placement or hospitalization due to a serious emotional disturbance. Usually children are referred by a mental health professional. Young children can be eligible for the waiver program, which waives any program fees.

**Contact Information:**

Family and Children's Association\*  
31 Main Street  
Hempstead, NY 11550  
(516) 485-5976x2259



### **Mental Health Hotline**

Phone: (800) 273-Talk (8255)  
(516) 504-Help (4357)  
(516) 489-2322

### **Agency: Long Island Crisis Center**

**Description:** Crisis intervention, counseling, information, referral, and other supportive services, primarily through a 24-hour a day, seven-day-a-week telephone crisis hotline and live online counseling. LICC has hotlines for youth suicide prevention, and runaway and homeless children as well as drug and alcohol abuse.

#### **Contact Information:**

2740 Martin Avenue  
Bellmore, NY 11710  
(516) 826-0244  
Hotline: (516) 679-1111

**More Information:** [www.longislandcrisiscenter.org](http://www.longislandcrisiscenter.org)

### **Agency: Mental Health Association of Nassau (MHA)**

**Description:** The Mental Health Association of Nassau County (MHA) is a not-for-profit membership organization dedicated to improving mental health in our community through advocacy, education, program development and the delivery of direct services such as support groups, housing assistance, children's residence, financial management and more.

#### **Contact Information:**

16 Main Street  
Hempstead, NY 11550  
(516) 489-2322

Or to talk to a mental health professional 9am-9pm, 7 days a week call (516)407-HELP

### **Agency: Nassau County Mental Health, Chemical Dependency and Developmental Disabilities Services (MH DDS)**

**Description:** County office includes access to programs such as SPOA, CPEP, and more.

#### **Programs:**

##### **SPOA -Single Point of Access**

Multiple mental health services, in home and out for families and children. Also refers to other agencies.

##### **SPOE- Single Point of Entry**

Mental health services in home and out for adults. Also refers to other agencies.



### **Comprehensive Psychiatric Emergency Program (CPEP)**

The program is intended to establish a primary entry point into the mental health system. A CPEP is open on a 24-hour, 7 day a week basis. Services include crisis intervention within an emergency room setting, beds for extended observation of patients, evaluation and referral services, linkage to crisis outreach services and crisis residential services.

While not currently certified as a CPEP, this hospital provides many of the same services offered by a CPEP:

Nassau University Medical Center  
2210 Hempstead Turnpike  
East Meadow, NY 11554  
(516) 572-6115

### **Psychiatric Emergency Room**

A psychiatric emergency room provides for psychiatric and medical evaluation of a person on a 24/7 basis. The purpose is to determine whether or not the person requires hospitalization.

Franklin General (516) 256-6350  
Hempstead General Hospital (516) 560-1305

### **Mobile Crisis Team**

The function of these teams is to respond on site to a child in crisis and to provide crisis evaluation, stabilization, short term treatment, if necessary and referral linkages. The mobile crisis team helps reduce the amount of emergency mental health admissions. South Shore Child Guidance Center (516) 868-3030

### **Home Based Crisis Intervention**

This provides intensive in-home crisis services to families where one or more children are at serious risk of psychiatric hospitalization. Intervention is provided for a 4-6 week period with the goal of avoiding admission to the hospital. There is no fee for this program.

Pathways Program  
South Shore Child Guidance Center  
17 W. Merrick Road  
Freeport, NY 11520  
(516) 868-3030



### **Crisis Residential Services**

Provides a safe living environment and respite for a short term length of stay for a youngster who cannot remain in their current living environment, but whose condition does not require the structure and security of a hospital setting. Referrals accepted from any source. No fees for the program.

Mental Health Association in Nassau Co.  
186 Clinton Street,  
Hempstead, NY 11550  
(516) 485-4300 ext. 130

### **State Operated Children's Psychiatric Center**

Center for children ages 10-17, operated by New York State Office of Mental Health. Some programs may require an evaluation before admittance.

Sagamore Children's Psychiatric Center  
197 Half Hollow Road  
Dix Hills, NY 11746  
(631) 673-7701

#### **General Contact:**

60 Charles Lindbergh Boulevard, Suite 200  
Uniondale, NY 11553  
(516) 227-7057

**More Information:** For a comprehensive list of services please see Department Website at <http://www.nassaucountyny.gov/agencies/MentalHealth/mh/mh-menu.html>

### **Program: Roosevelt Counseling and Resource Center**

#### **Agency: Family and Children's Association**

**Description:** Provides treatment of depression, anxiety and other psychological problems through individual and group therapy. The center accepts Medicare and Medicaid as well as most major medical insurances. Those who are uninsured pay on a sliding scale based on income.

#### **Contact Information:**

175 Nassau Road  
Roosevelt, NY 11575  
(516) 623-1644

**More Information:** [www.familyandchildrens.org](http://www.familyandchildrens.org)



**Agency: SDMC – Surrogate Decision Making Committee Program**

**Description:** The Surrogate Decision Making Committee Program provides an alternative to the courts to establish consent or refusal for medical or dental treatment for mental hygiene facility residents who are unable to provide their own informed consent and have no family or guardian to act on their behalf. Serves Queens, Brooklyn, Nassau and Suffolk Counties. SDMC offers a more timely, person centered and cost-free alternative to the court system to obtain informed consent for non-emergency major medical treatment. The EAC administers this program for the New York Metro area.

**Contact Information:**

Community Mediation Center  
26 North Clinton Avenue  
Bay Shore, NY 11706  
(631) 265-0490

**More Information:** <http://cqc.ny.gov/advocacy/surrogate-decision-making>



## **Services for Persons with a Disability**

### **Agency: Abilities!**

**Description:** Abilities! is dedicated to creating a world in which people with disabilities will live simply as people. In this world, people with disabilities will have the same opportunities as all other people, be treated with dignity and respect, and have access to all the benefits of our society.

### **Programs:**

#### **The Smeal Learning Center**

Smeal is a unique training facility offering a comprehensive array of training and related services to the educational, research, technology, and employment programs within Abilities!, as well as to organizations and business enterprises from the larger community. The Smeal center primarily supports work within Abilities but also rents space out to organizations for services in graphics, graphic design, telecommunications and other technology.

#### **The Nathaniel H. Kornreich Technology Center**

The Tech Center not-for-profit assistive technology demonstration, education, and evaluation center. Through the use of assistive technology, the Center is dedicated to promoting the full participation and independence of children and adults with disabilities in school, at work, at home, and in the community. Referrals are often made by a healthcare professional but can be made by anyone. See website for service fees. These services are available by contract with social service agencies as well as to individuals who might need assistance working with technology in their homes.

### **Abilities, Inc.**

Abilities, Inc. provides comprehensive services to help individuals with disabilities reach their employment goals by providing employment evaluations, training, and placement services. It also provides support services and technical assistance to employers who hire persons with disabilities.

### **Contact Information:**

201 IU Willets Road  
Albertson, NY 11507-1599  
(516) 465-1400, (516) 747-5400

**More Information:** <http://www.abilitiesonline.org>

### **Program: Able Ride MTA**

**Description:** Able-Ride is a shared ride, curb-to-curb (or Origin to Destination service when requested) paratransit bus service for people with disabilities. Able-Ride provides transportation for people who are unable to use fixed route bus service for some or all of their trips. You and a licensed health care professional of your choice must complete the Able-Ride application.

**Contact Information:** To obtain an **Able-Ride** application call **516-228-4000**.



**Agency: Association for Children with Down Syndrome (ACDS)**

**Description:** ACDS offers a range of programming for children and teens with Down syndrome including peer and parent outreach programs, early intervention programs, behavioral analysis, early education, nursery care, recreational activities and more.

**Contact Information:**

4 Fern Place,  
Plainview, NY 11803  
(516) 933-4700, fax: (516) 933-9524

**More Information:** <http://www.acds.org/index.htm>

**Agency: Healing Light Center of Long Island\***

**Description:** Residential home for 'foster adults'. Healing Light Center is a home for individuals over 18 with mental disabilities. A referral is needed through the Department of Social Services to receive services.

**Contact Information:**

40 Weberfield Avenue  
Freeport, NY 11520  
(516) 546-7345

**Agency: Helen Keller Services for the Blind**

**Description:** Helen Keller Services for the Blind provides a wide range of services for people of all ages who are blind or have visual impairments. Services include rehabilitation services, employment services, student services, day habilitation programs, senior centers and early intervention services for children. No referral needed. Call to schedule an appointment.

**Contact Information:**

One Helen Keller Way  
Hempstead, NY 11550  
(516) 485-1234, fax: (516) 538-6785

**Agency: Nassau County Department of Disability Services**

**Description:** Provides a variety of services including Recreation Programs, Camp Programs and Leisure Services for adults and children with developmental disabilities.

**Contact Information:**

60 Charles Lindberg Blvd. Suite 2000  
Uniondale, NY 11553  
(516) 227-7057





**Agency: Nassau County Office for the Physically Challenged**

**Description:** Nassau County Office for the Physically Challenged serves as an advocate and liaison for people with disabilities and is responsible for ensuring Americans with Disabilities Act (ADA) compliance. The County office can assist you in obtaining a parking permit and provide useful information on your rights.

**Contact Information:**

60 Charles Lindberg Blvd.  
Uniondale, New York 11553  
(516) 227-7399

**Agency: New York State Commission for the Blind and Visually Handicapped (CBVH)**

**Description:** Provides services for the blind and visually handicapped including a wide range of services from business services to mobility services and programs for children and teens. To be eligible for services you must be legally blind or be likely to become legally blind within a year. Most services are available free of cost to anyone who qualifies, but some services may require income eligibility depending on the ultimate goal the individual wants to achieve.

**Programs:**

**Vocational Rehabilitation Program**

The Vocational Rehabilitation (VR) Program offers guidance and counseling to assist consumers who are legally blind find or retain employment.

**The Adaptive Living Program (ALP)**

The Adaptive Living Program (ALP) is for people who need training and services to assist them in living at home and in the community. In most cases, the consumer has to be over the age of 55, unless they have circumstances where they do not want to pursue employment.

Contact for VR and ALP District 7:

50 Clinton Street, Suite 208

Hempstead, NY 11550

Telephone: (516) 564-4311, TDD: (516) 564-4325, Fax: (516) 292-7448

**Children's Program**

CBVH provides rehabilitation services to children who are legally blind. Early intervention, working with and empowering parents, arranging services to supplement educational activities and ensuring a smooth transition to adult services are all key to maximizing the future independence of each child.

Contact your nearest district office children's consultant: Hempstead: **Arnold Chapman**  
(516) 564-4319



### **Teen Program**

CBVH provides rehabilitation services to assist in the transition of youth from school to adult opportunities. Transition planning encompasses how each student will be living, learning, and working in his community. CBVH is responsible for the provision of vocational rehabilitation services for students who are legally blind, even if they may have additional disabilities.

Contact: For further information regarding CBVH Transition Services:  
Capital View Office Park, Room 201  
52 Washington Street  
Rensselaer, NY 12144-2796  
(518) 474-6956

### **Equipment Loan Fund**

The New York State Office of Children and Family Services' Equipment Loan Fund for the Disabled can help you purchase equipment that will improve the quality of your daily life. The Equipment Loan Fund allows you to borrow up to \$4,000, with an interest rate of 4%, and can be used to purchase wheelchairs, wheelchair van lifts, ramps, and adaptive equipment.

Contact: 52 Washington Street  
Rensselaer, NY 12144-2796  
(518) 474-0197

### **Physically Handicapped Children's Program (PHCP)**

The PHCP assists families in paying medical bills for children with severe chronic illnesses and/or physical disabilities, between birth and 21 years of age, who live in New York State and meet county medical and financial eligibility criteria. (516) 227-8665

**More Information:** <http://www.ocfs.state.ny.us/main/cbvh/>

### **Agency: New York State Department of Education**

### **Program: Adult Career and Continuing Education Services- Vocational Rehabilitation (ACCES-VR)**

**Description:** ACCES-VR provides vocational counseling and rehabilitation services that result in successful employment outcomes for individuals with disabilities and their employers. If applicants meet eligibility requirements then an individualized plan will be created for them. Apply through your local district office.

### **Contact Information:**

711 Stewart Avenue, Suite 4  
Garden City, NY 11530  
(516) 227-6839



**Program: Social Security Disability**

**Description:** The Social Security Administration pays monthly disability benefits to anyone who can no longer work because of a medical condition that is expected to last more than a year. To qualify for benefits you must have worked at a job covered by Social Security. You may apply online or by contacting your local office.

Disability qualifications as per Social Security are: you cannot do work that you did before; SS decides that you cannot adjust to other work because of your medical condition(s); **and** Your disability has lasted or is expected to last for at least one year or to result in death.

**Contact Information:**

Social Security Local Office

84 N. Main Street

Freeport, NY 11520

National Toll-Free 1-800-772-1213 TTY1-800-325-0778

**More Information:** <http://www.ssa.gov/dibplan> or <http://www.socialsecurity.gov/>

**Program: Supplemental Security Income - SSI**

**Description:** The Social Security Administration administers a program of financial aid to persons 65 or over and to the blind or disabled who need financial assistance. Income and resource eligibility levels must be met when a claim is filed. For detailed information regarding eligibility, allotments and application call Teleservice.

**Contact Information:** Social Security Teleservice 1-800-772-1213

**More Information:** <http://www.socialsecurity.gov/ssi>



## **Domestic/Sexual Violence**

NYS Domestic and Sexual Violence Hotline: 1-800-942-6906

TTY: 1-800-818-0656

Spanish language **1-800-942-6908**

Spanish language TTY: **1-800-780-7660**

**Agency: Coalition Against Child Abuse and Neglect (CCAN)**

**Program: Child Advocacy Center of Nassau**

**Description:** Protects children against abuse and neglect through programs and services. Services include emotional support, medical support and service, health and legal referrals and training and workshops. Requirement is disclosure or suspicion of sexual abuse for most programs.

**Contact Information:** (516) 747-2966

**More Information:** [www.ccanli.org](http://www.ccanli.org)

**Agency: Nassau County Coalition Against Domestic Violence, Inc.**

**Description:** Provides resources and help for victims of domestic violence and sexual assault including safe homes, legal services and social service benefits.

**Contact Information:**

15 Grumman Road West Suite 100

Bethpage, NY 11714

(516) 465-4700, fax: (516)465-4740

Dating/Domestic Violence Hotline: (516) 542-0404

**More Information:** <http://www.cadvnc.org>

**Program: Salva Domestic Violence Service (at Circulo de la Hispanidad)**

**Description:** The Salva domestic violence program provides English/Spanish bilingual support services to victims of domestic violence. Services include crisis intervention, case management, and advocacy.

**Contact Information:**

91 North Franklin Avenue, Suite 200

Hempstead, New York 11561

Hempstead Phone: (516) 292-2433

Domestic Violence Support Hotline: (516) 889-2849, 24 hours



## **Services for the Aging**

### **Program: The Commodity Supplemental Food Program (CSFP)**

**Description:** The Commodity Supplemental Food Program provides free food packages to New York Residents including seniors 60 and over, low-income pregnant and breast-feeding women, infants, post-partum women for up to 12 months after they have given birth and children who have not reached their sixth birthday. Packages include grains, infant products, cheese, milk, cereal, juice, vegetables and fruit, meat and more. Individuals who already receive WIC are **not** eligible. CSFP is a supplement only and therefore does not exclude participation in other programs like Food Stamps.

#### **Contact Information:**

Catholic Charities Diocese of Rockville Centre\*  
38 St. John's Place  
Freeport, NY 11520  
(516) 623-4568

### **Program: Community Guardianship**

#### **Agency: Family and Children's Association\***

**Description:** Assists seniors who may become incapacitated and require someone to take care of their personal and financial needs through case management.

#### **Contact Information:**

175 Fulton Ave. Suite 209  
Hempstead, NY 11550  
(516) 485-3249x247

**More Information:** [www.familyandchildrens.org](http://www.familyandchildrens.org)

### **Agency: Economic Opportunity Commission of Nassau County**

**Description:** Provides a variety of services for low-income seniors throughout Nassau County. Family Development Centers are located throughout Nassau and offer services for seniors including an emergency food pantry, health and nutrition workshops and employment information.

#### **Contact Information:**

Roosevelt Family Development Center  
281 Babylon Tpke.  
Roosevelt, NY 11575  
(516) 379-4000

**More Information:** [www.eoc-nassau.org](http://www.eoc-nassau.org)



**Program: Enhanced In-home Services for the Elderly Program**

**Agency: Catholic Charities**

**Description:** Senior case management and home care is also known as EISEP (Enhanced In-home Services for the Elderly Program). This program connects Nassau County seniors with services through government agencies, parishes, and community-based organizations. A case manager works with each senior to assess needs and develop and implement a service plan, which might include home care, transportation, state and local entitlements, and other needed services.

**Contact Information:**

333 N. Main Street  
Freeport, NY 11520  
(516) 771-3410

**Program: Freeport Salvation Army Senior Program\***

**Description:** Offers breakfast and lunch for seniors as well as home delivered meals. The center also provides transportation for seniors to and from the location. Other activities such as crafts and events and speakers are also offered as well.

**Contact Information:**

Salvation Army Freeport Community Center  
66 Church Street  
Freeport, NY 11520  
(516) 378-4557

**Program: Health Insurance and Information Counseling and Assistance Program (HIICAP)**

**Agency: Family and Children's Association\***

**Description:** Provides information and assistance to seniors to make informed decisions about health insurance. Counselors will help determine if you qualify for special programs. There is no cost for these services.

**Contact Information:**

175 Nassau Rd.  
Roosevelt, NY 11575  
(516) 485-3425x222

**More Information:** [www.familyandchildrens.org](http://www.familyandchildrens.org)



**Program: HomeShare Long Island**

**Agency: Family and Children's Association\***

**Description:** A unique housing option that carefully screens and matches adult homeowners with compatible individuals who seek a room for rent.

**Contact Information:**

100 E. Old Country Rd.  
Mineola, NY 11501  
(516) 292-1300x2312

**Program: Long Island Rail Road Reduced Rates**

**Description:** The LIRR is the fast, convenient and relaxing way to travel and special fares are available for senior citizens 65 years or older and people with disabilities, regardless of age. These special fares are good at all times except on weekday morning westbound peak trains. Tickets cost about one-half of the peak one-way fare. To get the reduced fare, simply present a valid ID such as a Medicare card, birth certificate, driver's license or MTA Reduced-Fare MetroCard (required for people with disabilities and available from NYC Transit, LIRR website, or at 718-243-4999).

**More Information:** <http://www.mta.info/lirr>

**Program: Low Income Senior Housing**

**Description:** To meet the problem of housing for low income senior citizens, the towns, cities and some villages in Nassau County have built specially designed housing developments. Income, assets and residency requirements vary. Contact the appropriate housing authority for an application.

**Town of Hempstead Housing Authority (Roosevelt and Uniondale Residents)**

760 Jerusalem Ave.  
Uniondale, 11553  
(516) 485-9666

**Village of Freeport Housing Authority (Freeport Residents)**

3 Buffalo Ave.  
Freeport, NY 11520  
(516) 623-2508





**Program: Meals on Wheels**

**Agency: Catholic Charities**

**Description:** Delivers nutritious meals to homebound seniors five days per week. Seniors may also participate in the frozen meal program which delivers food seven days per week. Applicants for the program are required to be over 60 and homebound to qualify. There are no income requirements. To apply please speak with a case manager.

**Contact Information:**

333 North Main Street  
Freeport, NY 11520  
(516) 377-2691

**More Information:** [www.catholiccharities.cc](http://www.catholiccharities.cc)

**Program: Medicare**

**Description:** Medicare is a health insurance program for persons age 65 and older, and for some persons under 65 who are disabled or have end-stage renal disease. To enroll in Medicare, call the local Social Security Office 3 months prior to your 65th birthday. Persons who work past age 65 should apply for Medicare even if they are not applying for Social Security benefits.

Information regarding the different types of coverage, including hospital, medical, prescription and HMO plans can be found at [www.medicare.gov](http://www.medicare.gov).

**Contact Information:** 1-800-MEDICARE (1-800-633-4227) TTY: 1-877-486-2048

**Program: MetroCard Reduced Rates**

**Description:** A fare is \$2.25. Reduced fare is half fare (\$1.10) or less with Reduced-Fare MetroCard discounts. If you are 65 years of age or older or have a disability that qualifies, you are eligible.

**Contact Information:** To apply, mail application to

MTA New York City Transit  
Att: Reduced Fare Program  
130 Livingston Street  
Brooklyn, NY 11201-9625

<http://www.mta.info/nyct/fare/rfindex.htm>





**Agency: Nassau County Department of Senior Citizen Affairs**

**Description:** The Nassau County Department of Senior Citizen Affairs provides more than 90 programs in the areas of health, counseling, employment, legal services, volunteerism, home care, transportation, nutrition, etc., to improve the quality of life for older persons. Applications are also available for the Farmers' Market Nutrition Program. Seniors can speak to an individual case manager to assess the need for homebound services and other necessities such as shopping assistance.

In addition to the main office in Uniondale, the Department operates one five-day-a-week multi-purpose senior center. Day Service Programs are designed for frail elderly individuals who require the services of a specialized staff.

**Programs:**

**Job Placement Service**

The Department offers a free employment service for Nassau County residents age 55 and over. Persons seeking employment are assisted with resume preparation, placement counseling and vocational guidance. No fee for employers. Call: (516) 227-8945.

**Senior Lunch Program**

Through the Nassau County Department of Senior Citizens Affairs, this program offers a sustainable meal program for residents of Roosevelt and Freeport.

Bethel AME Church\*  
420 North Main Str.  
Freeport, NY 11520  
(516) 377-4469

**Food Shopping Assistance**

The Department of Senior Citizen Affairs works with local agencies to provide shopping assistance. Some assistance is provided through senior centers or on a case by case basis through assessment by a case manager. Some senior centers and community agencies provide shopping assistance at little or no cost and some program fees operate on a sliding scale. (516) 227-8900

**Home Delivered Meals**

Seniors who are unable to leave their home, who are unable to cook for themselves or who are recovering from and illness are eligible to have a meal delivered to their home five days a week (Monday-Friday). A voluntary monetary contribution is suggested.  
(516) 227-8900



### **Adult Day Care**

Adult day service is a community-based program of day care, conducted in a supervised social setting, for frail older people to enable them to continue to live at home. Such persons may be socially isolated; mentally, physically and/or emotionally frail; and may require certain individualized services not found at a local senior center.

#### **Locations:**

##### **Mercy Medical Center Day Program**

1220 Front Str.  
Uniondale, NY 11553  
(516) 565-5540

##### **Uniondale-Hempstead Senior Center**

840 Uniondale Ave.  
Uniondale, NY 11553  
(516) 292-1313

#### **Nassau County Senior Center Locations:**

##### **Freeport Senior Center \* (serves residents of Freeport and Roosevelt)**

66 Church Str.  
Freeport, NY 11520  
(516) 623-2008 (in addition to the lunch program, a breakfast program is also provided at this location)

##### **Hempstead Senior Center\* (serves residents of Uniondale)**

United Methodist Church  
40 Washington Str.  
Hempstead, NY 11550  
(516) 565-1568

#### **General Contact Information:**

MAIN OFFICE:  
60 Charles Lindbergh Boulevard  
Uniondale, NY 11553-3691  
Phone: (516) 227-8900, Fax: (516) 227-8972



**Program: Senior Community Service Employment Program**

**Agency: Urban League of Long Island**

**Description:** The Nassau County Department of Senior Citizen Affairs contracts with Urban League of Long Island to operate an employment program which enables a limited number of economically disadvantaged persons, age 55 or older, to work 20 hours per week in public or private non-profit agencies. This program provides on-the-job training and work experience.

**Contact Information:**

Urban League of Long Island  
50 Clinton Street, Suite 205  
Hempstead, NY 11550  
(516) 570-6645

**Program: Senior Financial Counseling**

**Agency: Family and Children's Association\***

**Description:** Educates individuals age 60 and over to enable them to resolve financial problems and manage their money effectively. Financial counseling is available by appointment at no cost. For those who need in-home assistance to set up a bill pay program and create a monthly budget, there may be a small fee, based on income guidelines. Funding made possible by the Department of Senior Citizen Affairs. The program serves all of Nassau County.

**Contact Information:**

175 Nassau Road  
Roosevelt, NY 11575  
(516) 485-3425x221 or x 226

**More Information:** [www.familyandchildrens.org](http://www.familyandchildrens.org)



**Program: Senior Housing**

**Agency: Catholic Charities\***

**Description:** Provides safe affordable apartments and works to ensure the physical, social and spiritual well being of residents. All sites have social service coordinators. Seniors must meet income eligibility requirements. Some sites have additional requirements for visual, hearing or mobility impairment.

**Local Housing:**

Bishop Daly Gardens-Uniondale

Peternana Terrance-Freeport

St. Anne's Village-Uniondale

**Contact Information:**

Housing Department

90 Cherry Lane

Hicksville, NY 11801

(516) 733-7076

**More Information:** [www.catholiccharities.cc](http://www.catholiccharities.cc)

**Program: Supplemental Security Income - SSI**

**Description:** The Social Security Administration administers a program of financial aid to persons 65 or over and to the blind or disabled who need financial assistance. Income and resource eligibility levels must be met when a claim is filed. For detailed information regarding eligibility, allotments and application call Teleservice.

**Contact Information:**

Local Office

211 Station Road, 5<sup>th</sup> Floor

Mineola, NY 11501

Social Security Teleservice 1-800-772-1213

**More Information:** <http://www.socialsecurity.gov/ssi>



**Agency: Town of Hempstead Department of Senior Enrichment**

**Description:** The Town of Hempstead has 120 senior citizen clubs and 16 centers, which are open five days a week. Social, recreational and educational opportunities are provided. Membership is free. Activities and services include: physical fitness classes, humanities discussions, current events, history, music, arts and crafts, dance, piano lessons, painting, ceramics, sewing, macramé, sculpture, calligraphy, creative writing, poetry, shuffleboard, bowling, billiards, bingo, cards, intergenerational programs, luncheons, parties and trips. The centers offer blood pressure screenings, health programs, income tax assistance and Vial of Life programs.

**Contact Information:**

Department of Senior Enrichment  
200 North Franklin Street-Second Floor  
Hempstead, NY 11550  
(516) 485-8100

**More Information:** [www.townofhempstead.org](http://www.townofhempstead.org)

**Program: Town of Hempstead Senior Centers**

**Description:** The Town of Hempstead offers several Senior Centers where seniors can come five days per week to participate in social, recreational, and educational activities. Membership is free and transportation is provided.

**Contact Information:**

**Uniondale-Hempstead Senior Center**  
840 Uniondale Ave.  
Uniondale, NY 11553  
(516) 292-1313

**Uniondale-Merrick Senior Center**  
750 Jerusalem Ave.  
Uniondale, NY 11553  
(516) 538-5050

**Rosa Parks Senior Center**  
2 Babylon Turnpike  
Roosevelt, NY 11575  
(516) 867-1612



## **Children, Youth and Families**

Foster Care Services: (516) 227-8284.

Adoption Services: (516) 227-8271

Court Liaison: (516) 571-9306

### **Agency: AMC Childcare\***

**Description:** This school and day care center serves the Roosevelt, Hempstead, Uniondale and Baldwin areas. AMC runs parent workshops, nutrition classes, afterschool programs and other guidance programs. There is an open pantry for the community when food is available. School fees are based on county standards.

#### **Contact Information:**

55 Mansfield Avenue  
Roosevelt, NY 11575  
(516) 377-7520

### **Program: Baby Angelica Children's Center**

**Description:** The Baby Angelica Memorial Children's Center provides free quality childcare for children who must be in court for matters involving them or their caregivers in Nassau County District Court.

#### **Contact Information:**

Nassau County District Court  
99 Main Street, Hempstead, NY 11550  
(516) 572-2454

### **Agency: Child Care Council of Nassau**

**Description:** The Child Care Council of Nassau is a free resource that offers child care counseling referrals to families, professional development and technical assistance to active potential providers, and offers services to employers interested in the child care employee's families. The Council also serves as an informational resource and voice for child care issues facing Nassau County's diverse communities.

#### **Contact Information:**

925 Hempstead Tpke, Suite 400  
Franklin Square, NY 11010  
Administration: (516) 358-9250, Parent Services: (516) 358-9288, Fax: (516) 358-9287



**Agency: Child Protective and Preventative Services (CPS)**

**Description:** Child Protective Services is responsible for investigating all allegations of Child Abuse and Neglect received by the Department from the New York Statewide Central Register of Child Abuse and Maltreatment, part of the New York State Office of Children and Family Services.

**Contact Information:**

24 Hour Hotline: 1-800-342-3720

Mandated Reporter Hotline: 1-800-635-1522

Outside of New York State: 1-518-474-8740

**Agency: The Cedarmore Corporation**

**Description:** The Cedarmore Corporation strives to empower the people in the community with the values, character and skills that translate into economic viability. Cedarmore offers many youth enrichment programs to residents all across Long Island. The programs are headed by executive director Bishop Frank O. White and Roberta Coward.

**Programs: Young Entrepreneurs Training Program**

This program teaches children starting from ages 7-9 the skills they need to create a successful business. Each age group has separate classes that focus on a different level of developments. Students will learn to create a business proposal and put their business into practice. The students will have an opportunity to receive a loan and start their business at the appropriate time. The program runs during the summer months and the cost for the summer is currently \$125 with hopes of operating on a sliding scale soon.

**Big Brothers Association Community Basketball Tournament**

Big Brothers runs a one week basketball tournament during the summer for children ages 5- 18 years old. Registration fee of \$25 for the summer includes a t-shirt. (516) 623-7233

**Abstinence Education**

A free educational program is offered by Cedarmore to address teen sexuality issues. Topics covered during the multi-week program include sexuality and the media, bullying and self esteem, sexuality and relationships, diversity and stereotyping, leadership, career planning, health, personal empowerment and more.

**Contact Information:**

312 Grand Avenue

Freeport, NY 11520

(516) 378-3415



**Program: Early Intervention**

**Agency: Nassau County Department of Health**

**Description:** Provides services such as speech therapy, physical therapy, occupational therapy, special education services, family counseling, transportation and service coordination to children under three years of age with developmental delays or disabilities. New York State guidelines determine eligibility for these free services.

**Contact Information:** (516) 227-8661

**Agency: Freeport Pride**

**Description:** Community organization providing youth and substance abuse services. Programs specifically for youth include individual and family counseling and supportive services which focus on a variety of issues including violence, substance abuse, HIV, preventing delinquency, school related problems and employment services. Serves youths ages 5-21 in Nassau County. Youth program is free of cost. Referrals accepted from schools, social service agencies, county services. Rehabilitation services are open to all and operate on a sliding scale.

**Contact Information:**

46 Pine Street  
Freeport, NY 11520  
(516) 378-1111

**More Information:** [www.freeportpride.org](http://www.freeportpride.org)

**Agency: Family and Children's Association\***

**Description:** Counseling, case management, family services, housing, referrals, children's, youth and senior services. Operates locations in Hempstead, Hicksville and Mineola. Check website for a complete listing of programs. [www.familyandchildrens.org](http://www.familyandchildrens.org)

**Programs:**

**Project Independence Nassau**

Provides skills and training for children in foster care to help prepare them for independent living. The program works with foster families as well as the young people by including home visits and supportive services. Referrals are made directly from the Department of Social Services and services are provided without cost as per referral. Greenwich Street location.

**Prevention and Post-Institutional Project**

Provides counseling and case management services for youths at risk or returning to the community from residential placement, foster care or incarceration. Greenwich Street location.





### **Walkabouts**

Transitional houses in Freeport and Uniondale serving homeless adolescents ages 16-20. Provides short term housing and services for up to 18 months to prepare them for living independently. Referral can be made by anyone. Contact: (516)379-8251

### **Nassau Haven**

Emergency housing shelters for Nassau children ages 10-20 years. This is a voluntary program and the child must agree to accept the services. Staff is available 24/7 for intake. Call for more information. (516) 221-1310 or (516) 679-1111

### **Parents and Children Together (PACT)**

Provides a variety of services including parenting workshops, home visits case management and referrals for pregnant teens and teen mothers in need of support. Fulton Street Location.

### **Contact Information:**

Main Office-Family and Children's Association  
100 East Old Country Road  
Mineola, NY 11501  
(516) 746-0350

124 Greenwich Street  
Hempstead, NY 11550  
(516) 565-5512

175 Fulton Ave. Suite 207  
Hempstead, NY 11550  
(516) 485-4600

**More Information:** [www.familyandchildrens.org](http://www.familyandchildrens.org)

### **Program: Head Start\***

**Description:** Head Start is a national program that promotes school readiness by enhancing the social and cognitive development of children through the provision of educational, health, nutritional, social and other services to enrolled children and families.

### **Contact Information:**

Freeport Head Start  
74 N. Main Str.  
Freeport, NY 11520  
(516) 546-8251



Roosevelt Head Start  
281 Babylon Tpke.  
Roosevelt, 11575  
(516) 378-5961

Hempstead Head Start  
65 Dartmouth Street  
Hempstead, NY 11550  
(516) 929-9710

**More Information:** <http://www.eoc-nassau.org>

**Agency: Hi-Hello Child Care Center Inc.\***

**Description:** Hi-Hello is a private, not-for-profit, educational organization providing year round, comprehensive care for children of working families since 1968. Hi-Hello provides a wide array of care programs for children from toddlers to six year olds. Programs include summer camp, preschool, morning breakfast program and toddler development. Referrals accepted through Department of Social Services, which subsidizes most costs. Private applicants also welcome. Hi-Hello also offers training for child care providers in Queens and Long Island on a regular basis.

**Contact Information:**

212 South Ocean Avenue  
Freeport, NY 11520  
(516) 379-1825

**Agency: Little Steward Haven\***

**Description:** Children's day care program, serves areas of Baldwin, Hempstead, Roosevelt, Uniondale and Freeport. Costs can be covered both through Department of Social Services or private payments.

**Contact Information:**

41 Craig Avenue  
Freeport, NY 11520  
(516) 771 -2737



**Agency: Millennium Sistahs Inc.\***

**Description:** Day care for children age 6 weeks to 12 years old. Day care may be paid for by Department of Social Services or by private payments. Also provides community services such as community baby showers for low-income families and distribution of family supplies needed for raising children. The site also has an active food pantry.

**Contact Information:**

543 Northern Parkway  
Uniondale, NY 11553  
(516) 303-6679

**More Information:** <http://millenniumsistahs.org>

**Agency: Miss Shelley's Upward Prep School\***

**Description:** Day care for children ranging from 6 weeks to 14 years. Many clients are referred through Department of Social Services and their costs are paid for. Private clients accepted also. Programs provide breakfast, lunch and snack and run from 7am- 6pm. A summer day care program also operates during similar hours.

**Contact Information:**

66 Nassau Road  
Roosevelt, NY 11575  
(516) 378-9206

**Agency: Momma's House\***

**Description:** Momma's House is a home for young mothers aged 17 to 21 years and their babies. For approximately two years, the young mothers at Momma's House continue education or vocational experience interrupted by pregnancy. With guidance and direction, the young mothers can learn to support themselves and their children independently. Department of Social Services referral is generally required.

**Contact Information:**

72 E. Marshall Street  
Hempstead, NY 11550  
(516) 280-3220

**Agency: Nassau County Department of Social Service Day Care**

**Description:** Through the Department of Social Services, childcare is provided to those on assistance and working families who meet the income guidelines.

**Contact Information:** (516) 227-7976



**Agency: Nassau County Youth Board**

**Description:** Nassau County Youth Board promotes self-esteem, positive values and morals, citizenship, dignity, as well as physical, social, and mental well-being among the youth of Nassau County through youth and community development. The youth board supports a network of agencies providing services, including guidance programs, recreation, tutoring, employment, HIV/AIDS programs, pregnancy programs, runaway and homeless youth programs and counseling programs. The youth board does not provide direct service but will refer to the appropriate agency.

**Contact Information:**

60 Charles Lindbergh Blvd.  
Uniondale, NY 11553  
(516) 227-7134

**Agency: New York State Office of Children and Family Services**

**Description:** The Office of Children and Family Services serves New York's public by promoting the safety, permanency and well-being of our children, families and communities. We will achieve results by setting and enforcing policies, building partnerships, and funding and providing quality services.

**Contact Information:**

Capital View Office Park  
52 Washington Street  
Rensselaer, New York 12144-2834  
(518) 473-7793, Fax: (518) 486-7550

**More Information:** <http://www.ocfs.state.ny.us>

**Program: P.E.A.C.E**

**Agency: Long Island Parenting Institute**

**Description:** The P.E. A.C.E program is designed to educate divorcing or separating parents about the impact of their breakup on their children. The primary goal is to teach parents ways they can reduce the stress of family changes and protect their children from the negative effects of ongoing parental conflict in order to foster and promote their children's healthy adjustment and development. LIPI also offers a variety of other programs for parents and families to help build a better family structure.

**Contact Information:** Nassau County Law Office

200 Garden City Plaza  
Garden City, NY 11530  
(516) 877-1800 x 124



**Agency: Potter's Association for Youth and Adults (P.A.Y.A)\***

**Description:** PAYA is a youth empowerment agency, working with impoverished youth and their families to help families reach their potential. PAYA provides after school services, advocacy services, child care networking, parenting skills workshops, leadership training, food services and more. PAYA works closely with homeless clients and also provides food to individuals by appointment. Child care and preschool services can be subsidized by Department of Social Services. PAYA provides some services through an affiliation with Rising Star Winner's Academy.

**Contact Information:**

220 Randall Ave  
Freeport, NY 11520  
(516) 608-2755

**Program: Pride for Youth**

**Description:** Pride for Youth is a division of the Long Island Crisis Center. Pride for youth provides services and advocates on behalf of lesbian, gay, bisexual and transgender youth. Programs include the Coffeehouse which provides a safe place for LGBT youth and their allies to socialize, group and individual counseling, youth leadership, sexual health services and community education.

**Contact Information:**

2050 Bellmore Avenue  
Bellmore, New York 11710  
(516) 679-9000

**More Information:** [www.prideforyouth.org](http://www.prideforyouth.org)

**Program: SCOUTREACH – Boy Scouts Theodore Roosevelt Council**

**Description:** Scoutreach is the Boy Scouts of America's commitment to making sure that all young people have an opportunity to join Scouting, regardless of their circumstances, neighborhood, or ethnic background. The Scoutreach Program gives special leadership and emphasis to urban Scouting programs.

Local Partners include: Roosevelt- Centennial Elementary School, Washington Rose Elementary, AMC Child Care Center; Uniondale-Grand Avenue School, Walnut Street Elementary School.

**Contact:** Johely Arias: (516) 797-7600 x 110

**More Information:** <http://www.trcbsa.org/>



**Agency: Tot Spot Inc.\***

**Description:** Children's day care center, open Monday- Friday from 7:30am- 6pm. Many clients are referred from the Department of Social Services and their child care cost is subsidized by DSS. All other clients are welcome as well.

**Contact Information:**

30 Union Place  
Roosevelt, NY 11575  
(516) 379-2030

**Agency: Woodward Children's Center\***

**Description:** Children's Center, serves emotionally disabled children, ages 5 through 21. Woodward Mental Health Center is a private, not-for-profit center offering day programs. The Center offers courses for credit in arts, sciences, humanities, government and vocational services in home improvement and food services. Free lunches are available to income eligible students as well. Children are referred by their local school district

**Contact Information:**

201 West Merrick Road  
Freeport, NY 11520  
(516) 379-0900

**Agency: Uniondale Early Childhood Center\***

**Description:** Uniondale Early Childhood Center provides convenient, consistent child care services for working families. Day care services are provided from 7am- 6pm for children ages 6 weeks to 5 years old. All clients are welcomed, whether referred by Department of Social Services or paying privately. Fees are based on the DSS standard.

**Contact Information:**

454 Jerusalem Avenue  
Uniondale, NY 11553  
(516) 483-1237

**More Information:** <http://www.ueccchildcare.com>



**Program: Women Infants and Children (WIC)**

**Description:** WIC provides supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk. See Farmers' Market Nutrition Program for more information.

To qualify: You must be a resident of New York State, but you *do not* need to be a U.S. citizen. You must meet the income eligibility guidelines OR be receiving benefits from Food Stamps, Medicaid or Temporary Assistance for Needy Families.

**Contact Information:**

Catholic Charities of Rockville\*  
38 St John's Place  
Freeport, NY 11520  
(516) 377-0157

Nassau County Department of Health  
106 Charles Lindbergh Blvd  
Uniondale, NY 11553  
(516) 227-9453

**More Information:** [www.health.state.ny.us/prevention/nutrition/wic/](http://www.health.state.ny.us/prevention/nutrition/wic/)

**Program: Youth and Family Development Centers**

**Agency: Economic Opportunity Commission of Nassau**

**Description:** All Centers provide opportunities for youth leadership development through local Youth Councils. Sports programs are provided. Recreation, tutorial and leisure time activities are conducted. The Roosevelt Center offers a reentry program for individuals being released from prison as well as job counseling and development and a family development program which assists families in becoming more self sufficient.

**Contact Information:**

Roosevelt Family Development Center  
281 Babylon Turnpike  
Roosevelt, NY 11575  
(516) 379-4000

Freeport Family Development Center  
84 Church Street  
Freeport, NY 11520  
(516) 442-2733

**More Information:** [www.eoc-nassau.org](http://www.eoc-nassau.org)



## **Transportation**

### **Local Buses:**

N4 Freeport—Jamaica via Merrick Road  
N19 Freeport—Babylon via Merrick Road  
N24 Jamaica - Roosevelt Field/Mitchel Field/East Meadow  
N36 Lynbrook - Freeport via Atlantic Av  
N40/N41 Freeport—Mineola  
N43 Freeport—Roosevelt Field via Uniondale Ave.  
N45 Bellmore - Roosevelt Field  
N46/N47 Hempstead - East Meadow - Bellmore  
N54/N55 Hempstead - Sunrise Mall - Amityville via Jerusalem Av  
N62 South Freeport  
N88 Freeport—Jones Beach (seasonal)

### **Long Island Railroad (LIRR)**

#### **Seniors**

Individuals 65 years of age or older save 50% off the peak fare. Valid all times except weekday morning peak (westbound) trains. Customers must have Medicare card, driver's license, birth certificate, or [MTA Reduced-Fare MetroCard](#) available to present at time of ticket purchase or use.

#### **People with Disabilities/Medicare Recipients**

People with Disabilities / Medicare recipients of any age must present a valid Medicare card issued by the Social Security Administration, or an MTA Reduced-Fare MetroCard at time of ticket purchase or use to obtain half-fare price.

#### **Child Fare**

Children under 5 years old ride free at all times. Children ages 5-11 travel at half the adult fares, or may use Family Fare.

#### **Family Fare**

Good on off-peak trains, for children ages 5-11 who are traveling with a fare-paying adult guardian (18 years or older). Up to four children can travel with each adult for .75 cents each way when tickets are purchased in advance; on the train this fare is \$1.00.

**More Information:** <http://mta.info/lirr/>

### **Program: Reduced-Fare MetroCards**

**Description:** A fare is \$2.25. Reduced fare is half fare (\$1.10) or less with Reduced-Fare MetroCard discounts. If you are 65 years of age or older or have a disability that qualifies, you are eligible.

**More Information:** <http://mta.info/nyct/fare/rfindex.htm>





## **Utility Assistance**

### **Program: EmPower New York**

### **Agency: New York State Energy Research and Development Authority**

**Description:** The EmPower New York program offers energy services at no cost for income-qualified households. The program is funded through the New York State Energy Research and Development Authority (NYSERDA). Long Island residents may be eligible to receive newer, more efficient, appliances, lighting and other weatherization services to help cut energy costs. Current income guidelines are set at the same rate as HEAP. Proof of qualifying income may be presented through a Public Assistance award letter, a Food Stamp letter, a HEAP payment, an SSI payment letter or other income statement. Call the hotline to apply.

### **Contact Information:**

P.O Box 2489  
Syracuse, NY 13220  
Toll-Free 1(800) 263-0960

### **Program: Home Energy Assistance Program (HEAP)**

**Description:** HEAP is a federally funded program that issues heating benefits to supplement a household's annual energy cost. HEAP also offers an emergency benefit for households in a heat or heat related energy emergency. Additionally, HEAP offers a furnace repair and/or replacement benefit for households with inoperable heating equipment. HEAP generally opens in November and operates until funds are gone (which can be as early as mid-March). HEAP applications can be processed at the same time as SNAP applications. Households currently receiving Food Stamps or Cash benefits should contact their case worker to apply for HEAP.

### **Contact Information:**

EAC Inc.  
175 Fulton Avenue  
4th Floor  
Hempstead, New York 11550  
(516) 565-4327

### **Seniors:**

Nassau County Department of Senior Citizen Affairs  
60 Charles Lindbergh Blvd  
2nd Floor North Entrance  
Uniondale, NY 11553  
(516) 227-7386  
Call the HEAP Hotline at (631) 853-8825.



**Agency: Long Island Power Authority (LIPA)**

**Description:** LIPA's Consumer Advocates can provide guidance and assistance in applying for various social services programs for customers experiencing financial problems. Income-Eligible Senior Energy Assistance Program – for those 62 years old or older having difficulty making electric bill payment. Se habla español, call 1-800-490-0085.

**Programs:**

**Residential Energy Assistance Program (REAP)**

Offers FREE Home Energy Audits for qualified customers. Eligible customers may receive free compact fluorescent light bulbs and/or a free brand-new Energy Star refrigerator if the current refrigerator fails an energy-efficiency test. If you get a LIPA bill and your household meets the income guidelines, you will qualify. 1-800-263-6786. Se habla español.

**The Household Assistance Rate**

Provides a reduction in the Delivery & System Charges portion of the bill. You may qualify if you receive benefits from certain non-LIPA financial assistance programs. People on Medicaid, Public Assistance or Food Stamps may qualify. 1-800-490-0025.

**Agency: National Grid**

**Program: Residential Reduced Rate Program**

**Description:** Discounted rate for customers who receive either HEAP, Medicaid, Food Stamps, Temporary Assistance for Needy Families, Safety Net assistance, Supplemental Security Income, Veteran's Surviving Spouse Pension, Child Health Plus. 1-800-298-7715.

**Agency: United Way of Long Island**

**Program: Project Warmth**

**Description:** A program administered by the United Way of Long Island, provides once-per year financial assistance with heating or fuel-related expenses. Those who are interested in seeking help must file their application with a participating agency in Nassau or Suffolk counties. Must apply to HEAP first if eligible.

**Contact Information:** Project Warmth – Information Line (631) 940-3757

**Program: Weatherization Referral and Packaging Program (WRAP)**

**Description:** Low income eligible seniors are assisted in obtaining weatherization services through local providers. These services include, but are not limited to, boiler repair, replacement of storm windows and doors, caulking and weatherstripping, etc. Each household receives a customized plan to fit their needs.

**Contact Information:** Nassau County Department of Senior Citizen Affairs: (516) 227-7386.



## **Minority & Immigrant Services**

### **Program: C.A.S.A- Coordinated Agency for Spanish Americans**

**Description:** Provides services for Spanish Americans including referrals, housing assistance, naturalization services, free ESL, GED and computer skills classes.

**Contact Information:**

40 Main Street  
Hempstead, NY 11550  
(516) 572-0750

### **Program: Citizenship Initiative Project**

**Description:** The EAC Citizenship Initiative Project assists legal resident non-citizens in obtaining citizenship status. Program services include help with completing and filing the necessary documents for naturalization, assistance in locating English Language classes and referrals for legal support as needed.

**Contact Information:**

50 Clinton St., Suite 202  
Hempstead, NY 11550  
(516) 539-0150

### **Agency: Fundacion Hispanoamericana Inc.**

**Description:** Fundacion's mission is to promote and cultivate scholastic achievement, academic excellence and the intellectual advancement of Hispanic students. They offer scholarships to Hispanic students in High School with a 3.00 GPA or higher who wish to enroll in a higher education program. Offers internship placement, stipend programs, referrals, career assessment and more.

**Contact Information:**

636 Seaman Avenue  
Baldwin, NY 11510  
(516) 623-4567

**More Information:** <http://www.fundacionhispanoamericana.org>



**Agency: Hispanic Counseling Center**

**Description:** The Hispanic Counseling Center is a fully bilingual, bicultural not-for-profit social services agency serving Long Island since 1977. It is the only completely bilingual agency in Nassau County licensed by the State of New York to provide treatment services in the areas of mental health, substance abuse, alcoholism, and youth and family services. The agency fosters an environment of hope, encouragement, and support for individuals and families working toward a constructive, self-sustaining way of life.

**Contact Information:**

344 Fulton Avenue  
Hempstead NY 11550  
(516) 538-2613, Fax: (516) 538-0772

**Agency: Nassau County Office of Minority Affairs**

**Description:** The Office of Minority Affairs (OMA) was created by the Nassau County Legislature and its mandated mission is to serve as a partner to the citizens of Nassau County in strengthening and building communities through programs which promote the establishment and preservation of minority and women owned business enterprises. OMA monitors businesses for opportunities for business operated by women and minorities. OMA can refer individuals who are starting a business to helpful resources, although their main function is monitoring fund compliance for the County.

**Contact Information:**

40 Main Street - 3rd Floor  
Hempstead, NY 11550  
(516) 572-1933



## **Veterans Services**

Veteran Service Agency (516) 572-8452  
Transportation Program to VA Hospital (516) 572-8456  
VA Hospital - Northport (631) 261-4400  
VA Plainview Clinic (516) 694-6008 or 516-694-6010  
Veterans Center (631) 661-3930  
LI State Veterans Nursing Home (631) 444-8500  
VA Regional (800) 827-1000  
VA Life Insurance (800) 669-8477  
Department of Veterans Affairs Suicide Hotline 1-800-273-TALK

### **PTSD Counseling Locations**

Family Wellness Center at LIJ Hospital **516-562-3260** No charge  
Peninsula Counseling Center **516-569-6600** Tricare Approved  
Central Nassau Guidance & Counseling Services 516-822-6111

### **Program: Homeless Veterans Outreach Team**

**Description:** Files claims for veterans who have been injured mentally or physically and provides linkage to Department of Social Services for housing. To determine if you are eligible for medical services from the Northport VA hospital contact (631) 261-4400.

#### **Contact Information:**

Nassau County Health and Human Services Building  
60 Charles Lindbergh Blvd.  
Uniondale, NY  
(516) 227-8731

### **Agency: Nassau Vets Center**

**Description:** Provides counseling to Veterans for Post Traumatic Stress Disorder (PTSD). Offers a psychotherapy program for veterans recovering from any type of trauma. Services are paid for by the VA. This location is the new site replacing the Plainview location.

#### **Contact Information:**

970 South Broadway  
Hicksville, NY 11801  
(516) 348-0088



**Program: Veteran's Hiring Initiative**

**Agency: Department of Labor Initiative**

**Description:** The Department of Labor has resources specifically for veterans seeking employment. Veterans and agencies seeking veterans for hire can connect on the DOL website. The website also explains Veteran's preference for hiring disabled veterans.

<http://www.dol.gov/vets/>

**Agency: Veterans Service Agency**

**Description:** There are special veterans' benefits available to people 65 and older who either served 90 days or more of honorable active wartime service or served less time but were discharged because of disabilities related to their service. Widows and widowers of such veterans may also be eligible for benefits regardless of their age. The Veterans Service Agency handles the processing of claims for compensation, pension benefits, educational entitlements, property tax exemptions and burial benefits, and assists with the appeals process. In addition, it coordinates a volunteer transportation program for veterans to the VA Hospital in Northport and the V.A. Clinics.

**Contact Information:**

Veterans Service Agency  
2201 Hempstead Turnpike, Building Q  
East Meadow, NY  
(516) 572-6560

Transportation to Northport V.A. Hospital is available by appointment. (516)572-8456

**Agency: Veterans Resource Center**

**Description:** Veterans in need of individual and family counseling, drug and alcohol counseling, post traumatic stress disorder counseling, or assistance with entitlements can contact the Veteran's resource Center. All services are free to eligible veterans. Significant others are also able to receive some services. Day and evening hours are available.

**Contact Information:**

Babylon Center  
116 West Main Street  
Babylon, NY 11702  
(631) 661-3930



**Program: Veteran's Resource Center**

**Agency: Family & Children's Association**

**Description:** The resource center has numerous programs to serve all veterans of US wars. Services include vocational and education services, drug and alcohol counseling, readjustment assistance, assistance with Veteran Entitlements and PTSD counseling.

**Contact Information:**

180 Broadway  
Hicksville, NY 11801  
(516) 935-6858



## **Department of Social Services**

### **Nassau County Department of Social Services (DSS)**

The mission of the Department of Social Services is to provide financial assistance and supportive services to eligible individuals and families in Nassau County, consistent with Federal and State laws. The Department administers medical, food, housing, child care, protective and court services according to the State laws.

#### **Contact Information:**

Main Office Location	Document Drop-off Site
60 Charles Lindbergh Blvd.	135 Main Street
Uniondale, NY 11553-3656	Hempstead, NY 11550
(516) 227-8395	Monday-Friday 9:00am-12:00pm

#### **Program: Medical Assistance (Medicaid)**

**Description:** Medical Assistance is help for people who cannot pay for all of their medical care. To receive Medicaid, certain income, resource, age and disability requirements must be met. Generally if you are eligible for Temporary Assistance or SSI you will qualify for Medicaid. Medicaid is NOT the same as Medicare. Certain applicants can qualify for a Managed Health Care Program. Level of assistance is based on income factors. Call: (516) 227-8000.

#### **Program: Child Support Enforcement**

**Description:** Child support services are available to any parent, guardian, or caretaker of a child for whom child support is needed. If you are applying for **Public Assistance**, or **Medicaid**, filing for child support from the non-custodial parents is already part of the application process. Call: 1-888-208-4485.

#### **Program: Day Care**

**Description:** Through the Department of Social Services, child care is provided not only to those on temporary assistance, but also to those working families who meet income guidelines for subsidies. Various kinds of child care are available throughout Nassau County. To obtain more information call the application unit at (516) 227-7976. Other general numbers for information concerning active cases: (516)227-7896.





**Program: Adult Protective Services (APS)**

**Description:** Accepts all referrals of adults, over the age of 18 years, who are alleged to be incapable of caring for themselves because of a physical or mental incapacity and/or are abused, neglected or financially exploited by others; and have no one willing or able to assist them responsibly. Services may be provided free, without regard to income. For further information, call **(516) 227-8083**. Emergency Services (Night Hotline for rescue services, non-911 calls, etc.) **(516) 572-3143**.

**Temporary Assistance from DSS**

Temporary Assistance is temporary help for needy adults and children. If you are unable to work, can't find a job, or your job does not pay enough, Temporary Assistance may be able to help you pay for your expenses.

**Program: Family Assistance (FA)**

**Description:** Provides cash assistance to needy families that include a minor child living with a parent (including families where both parents are in the household) or a caretaker relative. FA operates under federal Temporary Assistance for Needy Families (TANF) guidelines.

**Program: Safety Net Assistance (SNA)**

**Description:** This program provides assistance to individuals and families who do not qualify for the FA program. Benefits are provided as cash for 24 months. After 24 months benefits may continue as non-cash payment (vendor check or voucher).

If you are not eligible for other assistance programs, you may be eligible for SNA. SNA is for: Single adults, Childless couples, Children living apart from any adult relative, Families of persons abusing drugs or alcohol, Families of persons refusing drug/alcohol screening, assessment or treatment, Persons who have exceeded the 60-month limit on assistance, Aliens who are eligible for temporary assistance, but who are not eligible for federal reimbursement.

**Program: Emergency Temporary Assistance Programs**

**Description:** An emergency is an urgent need or situation that has to be taken care of right away. You may qualify for emergency services if : you are homeless, have little or no food, you are being evicted, you have no fuel for heating during cold weather, your utilities are shut off, you or someone in your family has been abused or threatened by another member of the household. If you already receive TA then speak to your caseworker immediately in the event of an emergency. If you are applying for TA then inform your worker of your emergency.

**NOTE: \* Denotes Island Harvest Member Agency**



## **Other**

### **Agency: 211 Long Island**

**Description:** 2-1-1 Long Island is a free, non-emergency information and referral service that connects Long Island residents to health and human services they may need on a daily basis or during a disaster. Services available by phone or online.

**Contact Information:** 2-1-1 or 1-888-774-7633

**More Information:** <https://211longisland.communityos.org/cms/>

### **Program: AARP TaxAide Program**

**Description:** Tax-Aide volunteers are trained to assist with filing the 1040 Form and the more standard of the schedules, including Schedules A and B. Electronic filing (e-filing) is offered at most sites, with no charge to the taxpayer. Available at many libraries and senior centers.

**More Information:** [www.aarp.org/taxaide](http://www.aarp.org/taxaide)

### **Agency: Bethpage Federal Credit Union**

#### **Program: Volunteer Tax Preparation (VITA)**

**Description:** Volunteer Income Tax Assistance (VITA) volunteers provide FREE Income Tax Preparation Assistance to low-income, elderly, disabled or people with limited English abilities. Locations change each year. For information contact IRS.gov.

#### **Program: Credit Counseling Education Services**

Provides online access to free and confidential financial counseling and education through Balance Trak.

**More Information:** <https://www.bethpage.coop>

### **Agency: The Freeport Memorial Library**

**Description:** The library has a social worker who provides family support through individual meetings and referrals to community and social service agencies. Schedule a confidential appointment with family counselor Maria Perez-Llona. All services are free of charge, including family counseling, if needed. The youth services department also offers a drop-in play space filled with books and toys for parents and their children.

#### **Contact Information:**

14 West Merrick Road  
Freeport, NY 11520  
(516) 379-3274 x 216



**Program: Lifebridge MassMutual Free Life Insurance Program**

**Description:** Through LifeBridge, the Massachusetts Mutual Life Insurance Company (MassMutual) insures the lives of qualified working people for the benefit of their children. A 10 year term life insurance policy, with a death benefit of \$50,000, is provided. If you die during the 10 years of coverage, the \$50,000 is paid into a trust administered by the MassMutual Trust Co., FSB, and used to cover educational expenses of your dependent children.

You are eligible to apply for the program if you are: Between the ages of 19 and 42, the parent or legal guardian of one or more dependent children under age 18, a permanent, legal resident of the United States, Currently employed – either full or part time – with a total family income of not less than \$10,000 or more than \$40,000 annually, in good health, as determined by MassMutual’s underwriting standards.

**Contact Information:** If you are eligible to apply, please contact Cindy at 1-800-272-2216 x 2418 or 1-800-767-1000

**Agency: Nassau/Suffolk Law Services Committee Inc.**

**Description:** The program is committed to helping the poor vindicate their rights under the law. It provides free legal service in thousands of cases each year as well as legal support to every church, agency and grass roots organization that works with the poor.

**Contact Information:** Hempstead Office  
1 Helen Keller Way - 5th Floor  
Hempstead, NY 11550-3903  
(516) 292-8100 , Fax Number (516) 292-6529

**More Information:** <http://nslawservices.org/legalservices.shtml>

**Program: Project Jumpstart**

**Description:** JUMPSTART will provide a limited number of Nassau County, Suffolk County, Queens & Staten Island low-income residents with used automobiles to enable them to maintain and improve employment. Recipients will be required to pay \$50 per month for a period of two years, after which time they will own the vehicle. If you have been working a minimum of 35 hours per week for the past three months and are responsible for a minor child age 6 or over OR have been working 20 hours per week for the past three months and are responsible for a minor child under the age of 6, have a driver’s license, and make less than 200% of the federal poverty level, you may be eligible to receive an automobile at a reduced cost.

**Contact Information:**  
3505 Veterans Memorial Highway, Suite M  
Ronkonkoma, NY 11779  
Nassau & Suffolk: (631) 648-7100 ext 219



**Program: Safelink Wireless Lifeline**

**Description:** Free cell phone with 250 monthly minutes for persons on public assistance programs such as Medicaid, Safety Net Assistance, SNAP, SSI, Family Assistance, HEAP, Veteran’s Disability, Veteran’s surviving spouse pension, or for people who qualify based on income. To apply visit [www.safelinkwireless.com](http://www.safelinkwireless.com) and use the promo code FEED or call 1-866-902-5756

## **Clothing**

**Agency: Word of Life Ministries\***

**Description:** Word of life provides food, clothing, furniture and other items to Freeport residents and residents of surrounding areas.

**Contact Information:**

80 West Merrick Road  
Freeport, NY 11520  
(516) 546-2883

**Agency: Salvation Army Freeport Community Center\***

**Description:** Provides direct family and individual assistance in the areas of emergency food furniture and clothing. Also offers recreational programs for senior citizens, homebound meal delivery, day camp program for children, holiday assistance, counseling and pastoral counseling and institutional visitation. Offers breakfast program five days a week and take-home weekend meals to those unable to meet their nutritional needs on weekends.

**Contact Information:**

66 Church Street  
Freeport New York 11520  
(516) 378-4557

**Agency: Our Holy Redeemer Parish Outreach\***

**Description:** Our Holy Redeemer will provide emergency food, clothing and referrals for residents of Freeport and the surrounding areas.

**Contact Information:**

87 Pine Street  
Freeport NY 11520  
(516) 868-8289



**Agency: St. Martha's Social Outreach\***

**Description:** St. Martha's provides Uniondale residents with food and clothing as well as referrals to other services.

**Contact Information:**

546 Greengrove Avenue,  
Uniondale, NY 11553  
(516) 292-1603

**Agency: Long Island Coalition for the Homeless, Inc.**

**(Formerly the Nassau-Suffolk Coalition for the Homeless)**

In addition to housing advocacy work, LICH also provides referrals, clothing, food and cash assistance. Referrals include emergency, transitional or permanent housing; medical or psychiatric services; vocational and educational training; and legal assistance. Linkages are also provided to the Department of Social Services and the Social Security Administration. Individuals should call to be properly referred to services including cash assistance and food and clothing support.

**Contact Information:**

38 Old Country Rd.  
Garden City, NY 11530  
(516) 742-7770, Fax: 516/ 873-0830,

**More Information:** <http://addressthehomeless.org/>