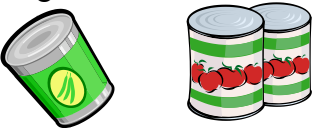

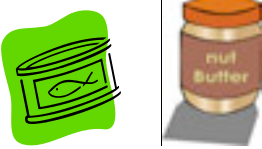
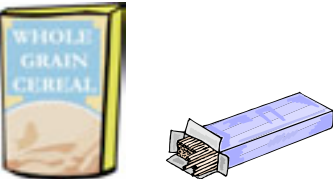







Food Drive Preferred Item List

Food Group	Products Needed
Vegetables 	Canned Vegetables Tomato Sauce Vegetable Soups
Fruits 	Canned Fruits (in juice or light syrup) Dried Fruits 100% Fruit Juices
Proteins 	Beans- canned or dry Peanut Butter Nuts Canned Meat (chicken, beef, ham) Canned Fish (tuna, salmon, sardines) Canned Stews (chicken or beef)
Grains 	Rice (white, brown, flavored) Pasta/noodles Cold Cereal Hot Cereal (grits, oatmeal, farina) Flour/Cornmeal/Baking Mixes Whole Grain Crackers Couscous Canned Pasta (spaghetti, ravioli)
Dairy 	Dry Milk packets Shelf stable milk Soy/Almond/Rice Milk
Specialty Items 	Baby Food/Cereals Nutrition Beverages (Boost, Ensure, Carnation Instant Breakfast)
Other Items 	Spices Coffee/Tea Personal Care Items

199 Second Street, Mineola, NY 11501 (516) 294-8528 www.islandharvest.org

Created by the Food Bank for New York City, adapted by Island Harvest